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### Hollins Columns (2007 Mar 13)

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# Hollins Columns

March 13, 2007

Hollins University

Volume 79, Issue 7

## GRAPHEON PRESENTS 74TH ANNUAL LIT. FEST

BY SARAH MANN

The Grapheon Literary Society took a break from Tuesday readings and organized the 74<sup>th</sup> annual Lex Allen Literary Festival on Saturday, March 10. Hollins welcomed three speakers including Ben Doyle, Josh Russell, and Elizabeth Seydel Morgan.

Poet Ben Doyle read from "Radio, Radio," the collection of poetry that had garnered the 2000 Walt Whitman Award of the American Academy of Poets, in a steady tenor voice. One poem, "A Pointing Habit," featured his dog, Ronald, inspired because Doyle says "Most of the hours [at Hollins] have been spent playing Dog Golf."

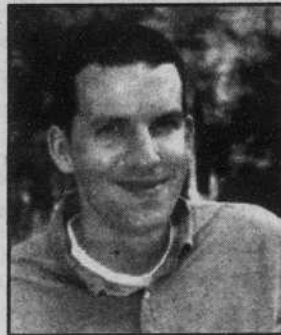
Other poems included "Recess in the Forest," "Tug," "Radio, Radio" and "Gold Star for Sony Robot Dog."

"There's room for not much but dogs," Doyle explained. "I fantasized about owning a robot dog."

Doyle's poems have been published in the Colorado Review and Fence and others of his works have appeared in several literary magazines. He is married to guest creative writing professor Sandra Miller.

He also opened his yet-to-

be published collection "Dead Ahead" and read his poem "My Pirate Novel," a tribute to his failed efforts to write such a book. "I realized I'm not a novelist — especially not a pirate novelist," said Doyle.



Josh Russell

who is a novelist sans pirates. His novel "Yellow Jack" (W.W. Norton and Company, 2000) was chosen as one of Barnes and Noble.com's Best Books of the Year, and his short stories have made appearances in more than 36 literary magazines, anthologies, and textbooks. He also teaches fiction and non-fiction writing courses at Georgia State University.

Russell read three excerpts from the novel he is currently writing. The story is brought to life by the main character, Walter, a German living in New Orleans since the Prohibition days.

The excerpts went backward in time, first chronicling the day after FDR's death and Walter's discovery of his wife's adultery, then detailing when Walter first met his wife and his best friend and the three went on a diet, and finally ending during Walter's first year in

America spent learning about speakeasies and baseball.

Russell broke off at one point during his reading and commented, "I love fiction. You can talk about whatever you want" in response to the audience's collective "eww" at the mention of one character squeezing an out an infected abscess.

With that image in mind, the literary festival adjourned for lunch.

Elizabeth Seydel "Buffy" Morgan is Hollins' 2007 Louis D. Rubin, Jr. Writer-in-Residence and a Hollins graduate of 1960. An accomplished writer, she has written an award winning screenplay, several poetry and fiction accolades, and five books of poetry to her name.

Morgan started her reading with several "grief poems," drawn from the first section of

her latest book of poetry "Without a Philosophy."

Worried that her audience might be afraid that all of her work would be depressing, Morgan asked listeners to "please be aware that I will follow them with some hot sexy love poems."

With a slight scratch to her voice, Morgan read several poems including "The Glutton

of Grief," "Diagnosis After Dickinson," "The Present" and "Driving Alone" before switching to more lighthearted works such as "All My Friends' Pets are Growing Old." The title of that poem, according to Morgan, "is true every nine years."

As she promised, Morgan

did include some hot sexy love poems like "At the Lecture" where she mentions a hand on someone's thigh and other provocative images.

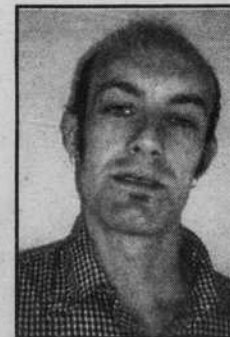
"That's the way I used to get through a boring lecture," said Morgan. "I was sitting next to a really cute guy."

Her last poem of the day, "Blueprints," was written here at Hollins. It was about Professor Robert Sulkin's class where women were exposing prints to the sun on the roof of the VAC to turn the page the trademark blue.

While all of the speakers were enjoyable, Morgan was a favorite. President Nancy Gray remarked that "I loved it [Morgan's reading] because of her sense of humor [and] the emotional truth it invoked in me."



Elizabeth "Buffy" Morgan



Ben Doyle

Hollins prevents spread of horse virus



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FBI Profiler discusses experiences and book



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Ready! Set! Cross-dress!



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# STABLES PREVENT SPREAD OF EQUINE HERPES

BY PAIGE BRIDDELL

The Virginia state veterinarian announced on February 21, 2007 that the Equine Herpes Virus, commonly referred to as EHV-1, had surfaced in at the Marion duPont Scott Equine Medical Center in Leesburg, Virginia. The Hollins horses do not have the virus; however, as a safety precaution, the Hollins riding center cancelled the intercollegiate horse show planned for the following weekend.

"I was disappointed that the shows were cancelled; however, I would much rather cancel the show than have one of the horses get sick," said Katie Furches '10.

EHV-1 is a highly contagious virus that causes flu-like and occasionally neurological symptoms in horses. Treatment for the virus is limited to non-steroidal anti-inflammatory drugs and supportive nursing care. There is no guaranteed cure, but horses can survive if diagnosed and treated early.

The virus spreads through infected horses' nasal discharge. Humans can indirectly transmit the



Notices such as this one are posted at the entrances of the Hollins barn. Photo by Paige Briddell.

virus on their clothing and skin by handling an infected horse and then handling an uninfected horse.

Hollins has implemented strict rules mandating that if a rider visits another stable she must change her clothes, sanitize her hands and boots (using footbaths provided) before entering the Hollins riding center. If a student uses tack and other horse equipment at another farm, she is not allowed to bring that equipment into the riding center.

"I think that the barn is doing everything possible to prevent EHV-1 from spreading to our horses. Being overly cautious is the only way to stop the spread," Emily Mendelsohn

'09 said.

The Hollins intercollegiate horse show scheduled for Feb. 25, 2007 was the second to last horse of the regular intercollegiate season. The University of Virginia also cancelled their horse show, scheduled for the day after the Hollins show. The Hollins riders

lead the region by 12 points and hoped to guarantee themselves a spot in the zone-wide competition (the last step in qualifying for nationals) in the final two horse shows of the season. UVA rescheduled their horse show for March 25, 2007. Hollins has rescheduled the horse show for March 30.

"We plan to reschedule our horse show as soon as the virus is under control," said Nancy Peterson, Director of Riding, shortly before the new date was announced. "Our quarantine is completely voluntary."

Quarantines imposed by the state veterinarian

on the farms exposed to EHV-1 in northern Virginia have contained the virus; however, students visiting other farms during spring break should still take precautions to ensure the health of the Hollins horses.



Hollins riders must wash their feet before entering the barn. Photo by Paige Briddell.

## WILSON MUSEUM PRESENTS GODEY'S LADY'S BOOK

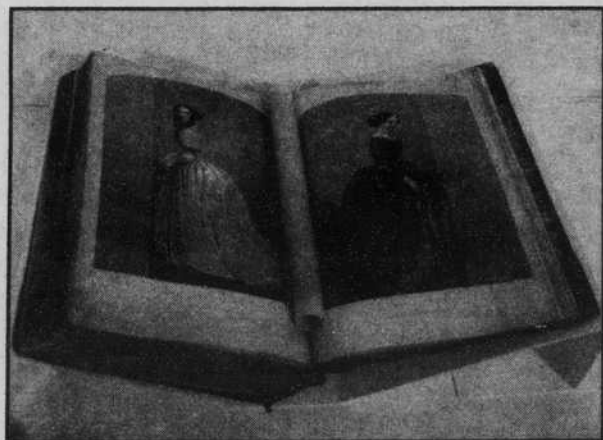
BY SARAH PRESTON

Looking Inside Godey's Lady's Book: Dress and Domesticity in the Nineteenth Century, an exhibit of nineteenth century women's fashion, is on display at the Eleanor D. Wilson Museum through April 14.

"Having the people and the objects come together was really amazing." Kim Rhodes, a Hollins art history professor replied when asked about her favorite part of the process. She developed the exhibit, containing clothing, paintings, machines and

timelines, with the help of her art history students.

The museum wall is lined with shelves displaying fashion plates from Godey's Lady's Book. In between the



A peek inside Godey's Lady's Book. Photo by Martha Sadler.

fashion plates are framed photos of women. Above the frames is a time line that displays history from the United States, Roanoke, and Hollins University. In front of the shelves is a nineteenth century black dress displayed on a mannequin. A brocaded fireplace screen sits above a glass case.

The case contains spectacles and jewelry with hair imbedded in it (unique to the period); in another glass case near the wall is a period sewing machine.

Support from the museum, Hollins library and other Roanoke contributors, allowed the students of the nineteenth century course to take the main text of the class, Godey's Lady's Book and develop an exhibit centered on women in the nineteenth century.

The Eleanor D. Wilson Museum is

open Tuesday through Friday (10 to 4 pm) and Saturday (1 to 5 pm).



Examples of fashion during the 19th century. Photo by Martha Sadler.



# STUDENTS LEND A HELPING HAND IN LUCEA

BY CAITLIN COAKLEY

During spring break, while many girls will be headed to Cancun for a week of sunbathing, eleven Hollins girls will be flying to Lucea, an impoverished community on the Northwest coast of Jamaica, as part of a service trip.

Director Jeri Suarez has been taking Hollins students to the community since 1988, ever since the father of one of her students suggested she take a team to Lucea, where he was stationed with the Peace Corps in the 60's.

"I agreed, and we have gone every year since then," Suarez said. "We are making plans to celebrate our 20th anniversary next year!"

Students will be helping with a variety of community-based projects. Mornings will be spent working at local schools, helping teachers with their classes of 60 or more students. The girls will have the opportunity to lead the children in an art lesson, as well.

Christie Houser '08 describes one school as "horribly overcrowded." It's fit for approximately 1000 students, but has closer to 2000. Since it has no electricity, the outer walls of the school have been torn down to allow light into the classrooms.

"I want to be a math teacher, so going down and seeing the school will be incredible," Houser said.



The team will also be supplying these schools with the necessary items for lessons. The Roanoke community has donated microscopes and computers, and Hollins has donated a computer.

In the afternoons, the students will head to the local infirmary, which is "basically a homeless shelter," according to Suarez. "It is a government-run facility where community members go when they have nowhere else to go."

The girls will play bingo and dominos with the

residents, read and sing to them, and sometimes paint the nails of the women or shave the men's faces for them.

Other community activities include arts and crafts projects with the local preschool children.

"All of the projects are designed to encourage better understanding of another culture," Suarez said. The team will be living with Jamaican families, sharing cultural songs and dances in order to learn more about the region.

The girls will also have an opportunity to see Jamaica as tourists, taking day trips to the rainforests and experiencing the natural beauty of Jamaica. These trips are scheduled for the end of the week, so that the girls may reflect on the tourist perspective of the region compared to their own perspective.

The trip is made annually during spring break and is open to all students. Scholarships are available in order to keep the costs low.

"The Hobbie Trust funding has been a tremendous support of the program," Suarez said. "I can safely say that many, many students would not have had this opportunity without this grant."

Houser, who has never seen a city like Lucea, said that she is "extremely excited" about the trip. "It's going to be a big eye-opener," Houser said.

## Housing Sign-ups Spring 2007

Deposit is due April 1, 2007 to the business office  
\$400 non refundable

Please contact Kayte Neas [kneas1@hollins.edu](mailto:kneas1@hollins.edu) with all Specialty Housing questions. If needed, she will forward questions to the appropriate Specialty Housing President.

Housing Sign-ups Information Meeting  
April 10<sup>th</sup> @ 9pm in Goodwin PDR



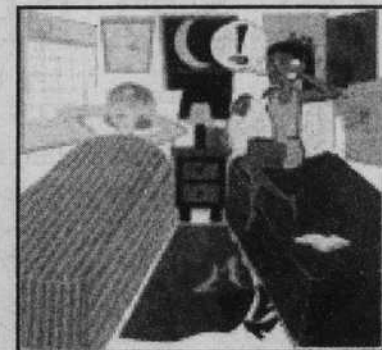
### Housing Sign-ups

April 16<sup>th</sup>: Rising Seniors from 6pm-9pm in Ballator

April 17<sup>th</sup>: Rising Juniors from 6pm-9pm in Ballator

April 18<sup>th</sup>: Rising Sophomores from 6pm-9pm in Ballator

April 19<sup>th</sup>: Make up day (anyone who missed sign-ups during their designated class night can come to the Housing and Residential Life office in Moody from 8:30am to 4:30pm)



Additional details to come from Housing and Residence Life, including the lottery process. Please e-mail Erica Clinefelter at [eclinefelter@hollins.edu](mailto:eclinefelter@hollins.edu) if you have any questions.



# RICHARD RUDOLPH CONDUCTS A NEW TUNE

BY NYKKI DULAR

This past January, there was a noticeable absence of string and steel-drum music – or, for those who aren't fans, screeching and banging – from the campus chapel.

The steel-drum and string programs at Hollins were temporarily put on hold after the director of both programs, Richard Rudolph, suffered three mini-strokes over this past winter break.

Rudolph was born with a small hole in his heart, which had gone undetected until he came down with the flu during the winter recess. As a result of the flu, Rudolph suffered a stroke after a clot was pushed through the hole in his heart. Rudolph spent 3 weeks in the hospital recuperating and considering his future plans.

During his hospital stay, Rudolph



Richard Rudolph teaching his steel drum class. Photo by Martha Sadler

had to decide how busy he wanted his schedule to be after returning home. He decided that the Hollins music program was something he could not drop from his schedule.

"The level of teaching and quality of the experience with the Hollins students are hugely enjoyable for me," Rudolph said. "I would be depriving myself . . . and noticing a

hole missing."

Since coming to Hollins, Rudolph has been an asset to the music department. In addition to teaching private violin and cello lessons, he has also conducted the Valley Chamber Orchestra, a string ensemble that includes musicians from both the Roanoke area and Hollins. Most recently, the professor launched the Hollins steel drum program.

"Mr. Rudolph came to me with the idea of starting a steel pan group here and I must admit, I didn't know much about the instrument or its appropriateness to the curriculum," said Dr. Judith Cline, head of the music department. "I asked him to give me some information, to 'sell' me on the idea and that he did. It is the up and coming instrument to be in the music classroom of the future."

However, well before this eclectic addition to the music program,

Rudolph was known for his unique approach to private lessons.

"Lessons with Richard Rudolph have been great. He listens to you play and asks you what you would change about it. He really makes you listen to yourself and mature your playing by yourself," violinist Fiona Zwieb '10 said. "I have always had teachers telling me what to do, but Mr. Rudolph allows you to figure out yourself what you have to change . . . making you a better player."

Dr. Cline also feels Professor Rudolph's approach to teaching benefits himself and the students.

"Richard is a very agreeable, enthusiastic teacher. Students feel comfortable working with him and find his positive attitude to be a real boost to their progress and dedication," Cline said.

Many would agree that had Professor Rudolph not returned, there would be a huge void not only in the music department, but on the entire Hollins campus. "We are very lucky to have him here sharing his talents and calypso beat!" Cline said.

## FOR STUDENTS, MRS. DEE MEANS BREAKFAST

BY MONICA VILLA

During the last 10 years Hollins has gone through two food service transitions; from self-serve to Aramark and most recently, from Aramark to Sodexo. Through both of these transitions, Delores Cotton, better known as Mrs. Dee, has continued to help prepare and serve the meals Hollins students eat daily.

However, most would agree that simply preparing meals is an understatement of how Mrs. Dee contributes to the Hollins community.

"Mrs. Dee is just awesome. I can always depend on her when I need something. If I needed her twenty-four/seven, she would be here without hesitating. It makes me happy to see how excited she gets when we have to prepare presidential dinners and when we cater events," said Suzanne Bird, Food Service General Manager.

Mrs. Dee is well-known throughout campus for her omelets. It is one of the most popular stations at morning breakfasts.

"She makes great omelets. She's my girl,"

Nena Rodriguez '09 said. "I look forward to going to Moody for a meal to talk to her just for a minute."

Students are most thankful for Mrs. Dee's warmhearted personality and Bird agrees.

"Besides her dedication to her job I notice that her interaction with the students is what makes her the happiest. Her motherly instincts really stand out," Bird said.

Her motherly nature becomes apparent when she notices students looking tired or sick in the cafeteria, offering the feeling of a mom-away-from-home.

"She's always available not just to things pertaining to Moody. If she hears someone coughing she'll come up to you and ask about how you're doing. Then she'll start suggesting rest and medicine, it's those motherly instincts," Maria Montes '08 said. "I would do anything for her even if it's just handing her Mountain Dew, her favorite drink."

It does not matter what time of the day it is or how long she has been working, Mrs. Dee is always



Mrs. Dee takes time to smile during work. Photo by Monica Villa

positive. "Mrs. Dee is always smiling, and she is always greeting everyone. Her omelets are always a good way to start my mornings," Hardin Powell '08 said.

After one of Mrs. Dee's lunch breaks, she greets a couple of students. "You are my girls, you all make me happy," she says. "Mountain Dew might give me a boost and energize me, but you all make me happy."



# FBI PROFILER SPEAKS AT HOLLINS

BY KADYROSE QUIGLEY

As a documentary of famed serial killer BTK aired on television the night of March 8, Hollins students and outside guests packed Babcock auditorium to listen to a man scheduled to interview the serial killer in just a few months.

Roy Hazelwood, world-famous serial sex crime profiler, shared his stories, opinions and tales of 16 years in the FBI Behavioral Science Unit. The lecture was sponsored by HAB and the Department of Psychology.

In those 16 years, Hazelwood became one of the foremost sex crime profilers, dealing with international cases in Bosnia and Switzerland as well as high-profile serial killers and rapists in the United States.

During his work spanning almost two decades, Hazelwood has seen a dramatic change in the way sexual crimes are viewed by society. "In 1961, people did not believe nice people molested kids," Hazelwood said.

His career allowed him to see dramatic changes in these types of situations. In 1998, Hazelwood worked in Yugoslavia and witnessed the first time rape was declared a war crime. And, in 2006, Hazelwood worked with Canadian police, investigating the murders of seven prostitutes.

"These were what we used to call 'throw away victims'" Hazelwood said. "People said they asked for it."

Hazelwood's longest case has been working on

the BTK killings, which he began investigating in 1978 and only ended this past year when "BTK" was captured. "That was the most frustrating, because he kept communicating with us," Hazelwood said. In 2-3 months, Hazelwood will sit down to interview BTK in a Kansas prison face to face, in hopes of gaining more insight into the inner-workings of serial offenders.

Hazelwood spoke for over one and a half hours, discussing cases he's worked, characteristics of serial killers and rapists and techniques he uses in the field. He also debunked several myths commonly held about serial offenders, including the misconception that serial killers are crazy, low-class and uneducated. Hazelwood shared that less than 3% of crimes committed are by legitimately 'psychotic' individuals, and most are highly-educated and come from middle class backgrounds.

"What I try to teach law enforcement is not to think in outlaw terms (crazy, sick, etc). The minute you start to use those terms [about an offender], you begin looking for that type of guy," Hazelwood said. Through his experiences, he has found that "the most successful are the most educated."

Students and Roanoke community members listened to Hazelwood's lecture. "It was really cool," said Christie Houser '08. "He was so laid back, even while talking about this serious stuff. It was really enjoyable and kept my attention."

Hazelwood's calm and cool exterior is the



Roy Hazelwood during his lecture. Photo by Tessa Waugh

result of a strong support system. "How do I cope? I masturbate," Hazelwood recalled once telling a psychiatrist. "I'm just kidding" he said, "My religious faith, family and friends are how I cope." By compartmentalizing his work, Hazelwood keeps the dark and emotional cases apart from his normal life. "It's just my job, not my life," he said.

Hazelwood, who retired from the FBI Behavioral Science Unit in 1994 is best known for his work on the Atlanta child killings and serial killer Wayne Williams, as well as the BTK serial killer. He has written 50 articles, 10 chapters, and 5 books, including "Dark Dreams" (2001) and "The Evil That Men Do" (1998), which his lecture at Hollins was titled after.

## OUTLOUD SPONSORS DRAG KING EVENT

BY EMILEIGH CLARE

They bind their breasts, wear baggy clothes and learn to walk in a manly slouch. While not the typical party behavior for most students, for one Hollins group, it's the highest entertainment.

OUTloud will be sponsoring the tenth Annual Drag King show in Moody on March 31. Doors will open at 8 p.m. and the show will start at 8:30. Tickets will be \$2 for the Hollins Community and \$5 for the general public.

The performance will have two separate acts, each about 45 minutes

long. The acts will be split between Hollins students and cross-dressing Roanoke community members. The music for the performances will range from boy bands to punk rock like sounds- such as the Bloodhound Gang.

"I think it's a really fun event, everyone always has a fun time, and it's really different, and it's also really great to come out and show support for the queer community," Drag King show committee chair Jenni Austin '07 said.

Austin and OUTloud have arranged for special, local performers India Ferrah (Miss Gay Roanoke 2006), Nevaeh Jazmin Symone

from Harrisonburg (Miss Gay Charlottesville/Harrisonburg), and Sebastian from North Carolina (Mr. Roanoke Pride) to perform at during the gender-bending theatrics.

Austin said that that one-fourth of the proceeds of the performance will go to local charities.

"Putting on this show has cost around \$600," Austin said. "We usually make about \$400 of that back."

OUTloud does this every year as a labor of love.

"It's a performing thing, and it's a lot of fun," Austin said.



Drag King performers in promotional poster.



# FANS EXCITED ABOUT "THE NEON BIBLE"

BY ASHLEY KONRAD

When people ask me what contemporary bands are worth getting excited about, my first answer is always the same: The Arcade Fire.

I often maintain that The Arcade Fire begins where The Smashing Pumpkins left off, keeping with the Pumpkins' tradition of heavier sounds and off-beat vocalizations, but adding an upbeat tempo and more mature operatic sections. The result of The Arcade Fire's unique musical arrangements are breathtakingly hopeful at times, heartbreakingly sad at others.

Listeners of The Arcade Fire often have a difficult time discerning what their reactions to certain songs should be, and this confusion only adds to the band's mystique.

It is rare to find modern music that asks questions of its audience, and it is for this reason and this reason alone that The Arcade Fire is arguably one of the most important bands in the Generation Y musical canon.

Formed in Montreal, Quebec around mid-2003, The Arcade Fire consists of husband and wife duo Win Butler and Regina Chassagne, along with William Butler, Tim Kingsbury, Sarah Neufeld, and Jeremy Gara. Since the release of their 2004 album *Funeral*, the band has expanded to include horn player Pietro Amato and violinist Owen Pallett.

On March 5th, The Arcade Fire released its second full-length studio album, "The Neon Bible", on Merge Records.

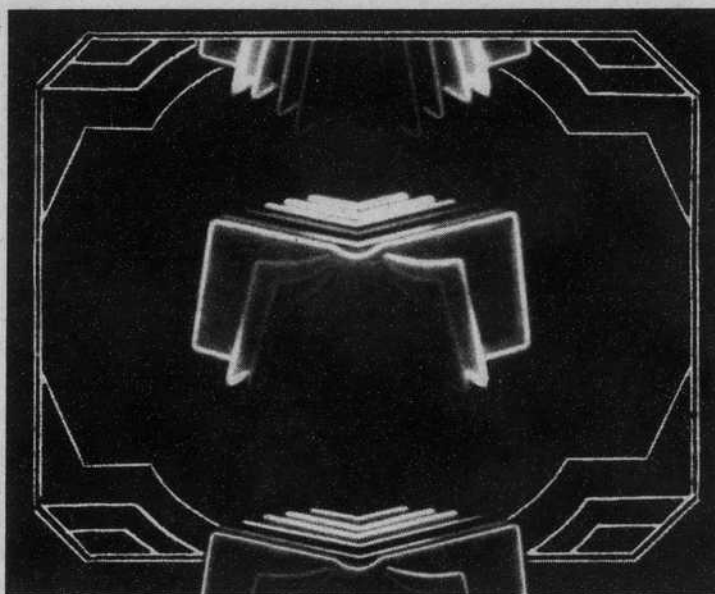
The title, "The Neon Bible", is also the title of an autobiographical novel written by a then-sixteen-year old John Kennedy Toole (who would later write the Pulitzer-Prize winning *A Confederacy of Dunces*) about a young boy growing up in a stiflingly closed-minded small Southern town.

It's anyone's guess as to whether or not the band made this connection intentionally, but if they did not, then coincidence has worked in their favor.

The opening track of The Arcade Fire's "Neon Bible" is called "Black Mirror," and its lyrics are evocatively reflective of Toole's novel, with Win Butler's breathy tenor describing a scene: "I walked

down to the ocean/ After waking from a nightmare/ No moon, no pale reflection/ Black Mirror, black mirror."

The next track, "Keep The Car Running," is the gem of the album. It begins with a single sweeping string sound, and then quickly segues into light percussion, finally exploding into a full orchestral drum and underlying tambourine mix, in classic Arcade Fire fashion.



Album artwork for The Arcade Fire's latest release "The Neon Bible".

When juxtaposed to the music, the lyrics of "Keep The Car Running" offer a sense of contained frustration and excitement: "There's a weight that's pressing down/ Late at night you can hear the sound/ Even the noise you make when you sleep..."

This is also the first song by The Arcade Fire that brings to mind sexuality. Most of the songs on "Neon Bible" (and "Funeral") deal in some way with the classic black/white of death/birth, but never touch upon the subject of sex.

This one does, and wonderfully so: the mandolins are gentle and sensual, the lyrics only slightly suggestive. (I cannot help but remark that this is a refreshing change from the likes of Justin Timberlake's "SexyBack" brand of shoved-down-your-throat-

until-you-choke sexuality).

The other tracks on the album are all solidly executed and extraordinarily interesting, with several standouts. "Intervention" is a heavily gothic track,

featuring a pipe organ coupled with cymbals, and in usual Arcade Fire contradiction, the song offers its church-y sound as a backdrop to lyrics that question the practices of the Catholic Church: "Been working for the church while your life falls apart/ been singing hallelujah with the fear in your heart."

Regina Chassagne and Sarah Neufeld add their choral echoes to the background, and the perfection is complete.

"Windowsill" adds to the small-town frustration that I spoke of earlier, with an 80's New-Wave sound, and lyrics that lament "Why is the night so still/ Why did I take the pills?/ Because I don't wanna see you at my windowsill."

"Anti-christ Television Blues" presents a satire about a working-class father who begs God to make his daughter a television star, and cements my argument that "The Neon Bible" can, in fact, be taken as a social commentary.

The harmonizing sounds of the track is hypnotizing, and the lyrics go so far as to touch upon Gen Y's most traumatic event, 9/11: "The planes keep crashing/ Always two-by-two."

While The Arcade Fire does not make use of political activism and social dissatisfaction in the same way that, say, Bright Eyes' *I'm Wide Awake, It's Morning* does, the sense of outrage is still there, albeit on a smaller scale.

My only problem with "The Neon Bible" is in the album's next-to-last song, "No Cars Go." The percussion of "No Cars Go" is simple and mundane, nothing to match the brilliance of "Keep The Car Running," and its lyrics are banal and silly: "Us kids know/ No cars go/ Hey!"

This is accompanied by strains from a rather out-of-place accordion, which usually I would appreciate due to its originality, but here it seems forced, almost like an un-clever attempt at irony.

"The Neon Bible" as a whole, however, is incredible - haunting and eerie, matching supernaturally strong sounds with biblical imagery and strange feelings, and all of it contained within a beat you can dance to. What more could Gen Y ask for?

## Correction

The Hollins Columns would like to correct an error in the last issue: Rita Foster was referred to as Rita Turner in the HPV vaccine article.



# NO EXCUSE FOR SMOKING

Every morning, I step outside of my dorm and get a toxic whiff of arsenic (found in rat poison), carbon monoxide (found in car exhaust), acetone (found in nail polish remover) and more than fifty chemicals that cause cancer.

Why? Well, it's because smokers getting their cancer buzz like to sit in smoking circles outside dorm entrances. Non-smokers such as myself have to cough through their noxious black clouds every day, just to get to class or our rooms.

There's no excuse for smoking at a public place of learning such as a university, much less exposing other people to it. Yet it's inescapable at Hollins, even from the most unlikely sources.

People who advocate "physical fitness" can be seen at any hour outside the gym inhaling cancer sticks like chimney stacks, which forces me to wonder if they actually know that smoking is bad for their health. I guess they didn't get the fifty year old memo. Here's a public service announcement: smoking does indeed cause heart disease and lung cancer. You aren't invincible. It will kill you.

What's almost as bad are the self-proclaimed



**Emileigh Clare**  
Co-Editor-in-Chief

environmentally aware puffing on cigarettes outside Moody as if they are going to be the next Audrey Hepburn. They needlessly contribute to our current global air pollution crisis, just because they want to be rebels without a cause.

Smoking is your choice. But why do I have to support it? Why do I have

to walk past smoking socials on the steps of Tinker and breathe in nasty fumes?

More importantly, why is Hollins allowing this? We don't allow littering, or other pastimes that damage the school's environment.

It's also not fair that someone would have to inhale an unhealthy and deadly product without their consent just to get inside their dorm. After all, while smoking is optional, breathing is not.

I hope that one day Hollins will follow the example of other schools like Stanford and the University of Texas, and force smokers to light up at least 20 feet from doorways and the public right of way.

## Staff Spring 2007

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## HOLLINS COMIC: CRITTERS VS. SMOKERS PART 1



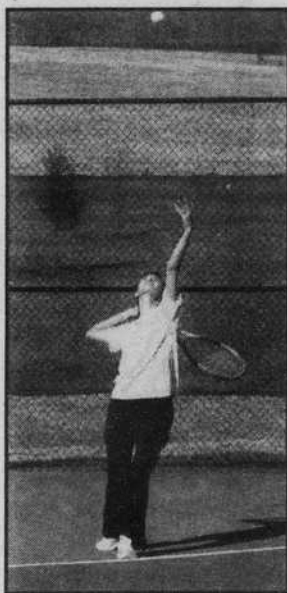


# VARSITY TENNIS OFF TO A PROMISING START

BY KATIE LOWE

After finishing third last season in the Old Dominion Athletic Conference, the Hollins tennis team was ranked in the third place position in this season's ODAC preseason poll, seated behind the 16 time defending ODAC champions, Washington and Lee, and the Virginia Wesleyan Marlins.

Behind the leadership of Candice Dalton '07 and Barrett Jones '07, this team looks to continue its stellar path of excellence. Jones was second-team All ODAC last season in doubles and has played in the one position for



**Candice Dalton during tennis practice.**

*Photo by Katie Lowe*

all four of her years here at Hollins, while Dalton is the number three position for Hollins and has been captain for the last two seasons.

"I am so lucky to be on a team with such great girls. The tennis team has been my family for the past 4 years and I am sad for this to be my last season, but happy to have made life long friends," said Jones.

Amy Blouet is third senior on the

Hollins squad. This is Blouet's first year on the team and she competes in the six-singles position.

Other key returnees for Hollins include last year's ODAC Rookie of the year, Maggie Bai ('09) and Sarah Sullivan ('08), a second-team All ODAC selection. Bai, a native of China, was the 2006 runner-up in third-singles. Sullivan was also a member of second-team All ODAC selection last season for the fifth-singles seed.

Head coach Leslie Bernard is excited about the team this year. She said, "For this year, my goal for this team is to finish second. We will need to work hard on and off the court to be prepared for our final match-up against Virginia Wesleyan."

Hollins' season began Wednesday,

February 28, in an away match against the #1 seed Washington and Lee. Hollins lost 9-0 to the Generals in a hard fought competition.

This weekend, March 2 and 3, Hollins notched two wins for the record. Hollins played ODAC rival Sweet Briar College and defeated them 7-2. Hollins only lost the one-doubles match and six-singles match.

March 3 brought more good news for the Hollins women as they competed against Salem College. Hollins came out victorious once again with a 9-0 win over the Salem Spirits. Because this was a non-conference match, Coach Bernard was able to mix up the line-up a bit.

Hollins will next compete on March 9 against the Randolph-Macon Yellow Jackets.

## LACROSSE WELCOMES NEW MEMBERS

BY ELIZA BROADDUS

Varsity lacrosse has many new members this season, some of whom are picking up a lacrosse stick for the first time.

The size of the lacrosse program has nearly doubled since last year, when the team's size left little room for substitution and resulted in many exhausted players. This year there will be plenty of opportunities to substitute players, which will hopefully increase the team's stamina and success.

"This is the largest team we've had in my four years of playing lacrosse at Hollins," said co-captain Elizabeth Pless '07. "I think it will be a great season."

The players are not the only new additions to the Hollins lacrosse program. New coach Lizz Steinmetz is working to improve the overall statistics this year.

"My goals for the season are to improve on areas like ground ball pick-ups and shots on goal, and to decrease our team turnovers," Steinmetz said.

The first coaching job for Steinmetz began her sophomore year of college when she returned to her old high school to lead the freshman lacrosse team. She received her B.S. in athletic training from Ohio State University and her M.S. in sports administration from Eastern Kentucky University, and has worked with lacrosse players of various skill levels and experience.

"I am really excited to be here at Hollins

rejuvenating the lacrosse program and I hope every student-athlete on the team will learn, improve, and have fun this season," Steinmetz said.

Team members have faith in their new leader.

"I feel that we have a really great team this year and that our new coach can take us far," new player Kelly Hollins '10 said

The coach has an optimistic attitude, saying, "I am truly hopeful for the season and I believe the team will be successful in achieving the goals we set."

Hollins Lacrosse had their first game on February 24 against North Carolina Wesleyan. Nearly a quarter of the girls who played in this game were new players, including Liz Jenks '09, who scored one of Hollins' two goals of the game. The final score was 2-17.

In the team's most recent game in Danville, against Averett University, new goalie Sarah McCaigh made eight saves in the first period and three in the second. Though Hollins came back in the second half, the game finished with a score of 5-20.

Hollins Lacrosse will take on Ferrum College next Tuesday, March 13. The first home game of the season is on Thursday, March 15 at 4:30pm against Medaille College.

"We appreciate support and hope to see lots of fans out this season sporting their green and gold," Pamela Cruz '08 said.

## FITNESS TIPS

By Kadyrose Quigley

### Health Tip:

Who knew fat could be a good thing. Studies have shown that eating reasonable amounts of "healthy fats" can not only fill you up and keep you satisfied, but can help you lose weight and improve your health. Healthy fats that are easy to incorporate into your daily meals include olive oil and nuts such as almonds, cashews and peanuts. Try using an olive oil and vinegar mix on your salad instead of your usual dressing or reach for a small handful of almonds for a midday pick-me-up snack instead of your usual bag of chips or cookies. Your appetite will stay satisfied and your waistline will thank you!

### Fitness Tip:

One of the most popular trends in fitness is the stability ball. These balls, which come in an array of sizes and colors and can be found in the Fencing studio below Tayloe Gym, are great for a new twist on upper, lower and middle body workouts. They can be used for pushups, crunches and leg lifts to tone all parts of your body. The ball requires you to use your core and entire body to maintain your balance, so even while your are focusing on specific body parts, multiple muscles are being engaged and getting a workout. Try one out in the fencing studio in between classes, and feel the success!