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**CLE
combines
best of both
worlds**



**New soccer
coach gives
hope for new
season**

Hollins Columns

October 4, 2004

Hollins University

Volume 77, Issue 2

Sports teams better than ever in last seasons

BY JEN SPELKOMAN

Volleyballs, running shoes and field hockey sticks will fill the athletic complex closets, or at least be utilized by less competitive limbs, as their respective varsity sports will be terminated at the end of this season.

Announced in April 2004, the implementation of the "Clean Slate review" has begun this year, initiating volleyball, cross country and field hockey's last season at the intercollegiate level at Hollins University.

This season's results on the courts and fields seem unaffected by the recommendations of the review committee, which were then approved by the board of trustees last semester.

On Wednesday Sept. 23, Hollins Volleyball team crushed Sweet Briar College winning the game in

the first three matches, in front of an enthusiastic fan-filled gymnasium.

Laced in running shoes, first year students have become core members of the cross country team regardless of not being able to compete in ODAC with Hollins in the near future.

Lynda Calkins director of athletics exclaimed that the Hollins Field Hockey team has played the best this season that they have in years.

The clean slate review, posted on the Hollins-net website, consists of ten recommendations to "enhance Hollins positioning," and fundamentally better utilize resources to ideally result in a more comprehensive athletic program.

90 percent of the recommendations include habitual

review topics, including aligning physical education curriculum with the wants and interest of students, budget allocating for coaches and a further review of academic scheduling effects

interest to balance the number of fall sports with winter and spring sports, initiated the tenth recommendation which is currently causing a complex transition for athletes and coaches:



Members of the field hockey team huddle during one of their final NCAA games

on athletics.

Yet, some recommendations such as a need for full time coaching staff, and an

the termination of the three fall sports, Volleyball, Field Hockey and Cross Country.

"It was extremely diffi-

cult," remarked director of athletics, Lynda Calkins on making the recommendations. Calkins also helped steer the review committee with dean of academics and dean of students, Alison Ridley.

"The committee went into a rigorous debate, it was long and engaging and it dealt with a lot of data," said Calkins on the process of the review committee.

Passionate about their sports, once notified of the decision last spring student athletes petitioned to raise money themselves to continue to compete at the intercollegiate level. However, they were denied by trustee members who stated that the decisions had been finalized and continued to say that budgeting had little

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REVIEW PAGE 3



Incoming President Nancy Gray and Brittany Addison-Prescott '07 share a laugh during a reception for President Gray. Gray was on hand to meet many students for the first time.

Students' political interest increases

BY STEPHANIE LOHMANN

The stereotypical student or young voter is considered politically irrelevant in the eyes of the majority of American voters today. Student political apathy is believed far and wide to have swept the nation for years due to young people being "too uninterested", "too uninformed" or "too lazy" to play a realistic role in serious politics.

On the one hand, statistics support this belief- but only in terms of voter turnout for the ages of 18-24. Other statistics, like the Higher Education Research Institute's, reveal

that nearly half of college freshmen have participated in a demonstration. Demonstrations are a classic form of political action, and have been prevalent among student voters since the 60's. If that's the case, and has been the case, then what's with the stereotype of "apathy"?

On the Hollins University campus, and on campuses nationwide, political involvement varies from the uninterested and the uninformed to the active, open political spokesperson. This year, the Hollins Young Democrats and Young Republicans clubs are slowly picking up, though until this past week, both

organizations had funding and absolutely no members.

"Last year, there was a Young Democrats club, but it was comprised of mainly seniors, and they didn't pass down any responsibility for the club to anyone else," said Young Democrat President Ciana Bown, '07. "We've basically had to start with very little, so it's been quite an endeavor. But, now everything is starting to come together, and we're doing very well."

The Hollins Republicans, though unavailable for comment, had their first meeting in the Rat on

SEE POLITICAL INTEREST
PAGE 3

Creation of center affords new opportunities

BY LAURA SMITH AND
BROOKE RIDGEWAY

With the start of the new school year comes a new academic center located on campus. The Center for Learning Excellence (CLE), formerly known as the Writing Center (WC), now houses both the WC and the Quantitative Reasoning (QR) tutors.

Situated on the first floor of Middle East, the CLE provides students with assistance on papers at any stage of the writing process, as well as help with mathematical concepts.

While the Writing Center has been in existence since the 1970's, the QR tutors have only been around for the past 3 years. The QR center began when its director, Phyllis Mellinger, decided that it would be helpful to students struggling with Math 100. Before this year, the QR tutors had been meeting in different areas of the library under a tight time schedule.

This change may seem unexpected, but Marcy Trianosky, director of the WC since the fall of 1993, began to discuss with Mellinger the idea of combining the two services in one building three years ago.

The sharing of space allows the two groups to create a collaborative environment

not only through the sharing of resources, but through the swapping of personal experiences, tutoring goals, and differing theories, in an effort to make their individual sessions stronger.

"One of the reasons for combining the writing center with the quantitative reasoning center was that it allows both tutors and directors to look at the bigger picture of student needs," said Trianosky.

"Combining the two groups improves the operation of the Center itself. When tutors from both areas work together and interact with one another on a daily basis, they learn from each other about organizational skills and tutoring methods."

"This makes all the tutors feel more empowered and confident, improving the tutoring services for students."

This merger has been a very beneficial to both the student body and the tutors as a whole.

"I think it's been a really positive thing, for both the students and the tutors. I think for the students they now have one place to go for tutoring in very different subjects, and I think it just adds to the whole environment of the tutoring system and students working together.

And for the tutors, I think it is going to be beneficial because I feel like there is going to be a lot of things we can learn from each other," said Eileen Struble '06, a Writing Center tutor.

"The best thing I can say is that we're really glad that we now have a home, and we're really excited about not only sharing space but

The posters are adorned with phrases such as "Let's Talk About it," "Together at Last," "I'm so excited."

This positive environment is important in creating a lasting relationship between students and the tutors.

Struble said, "I feel like as a tutor, I can sense when people come to the writing center that they

The CLE allows Hollins students, whether they are ESL, Traditional, or Horizon, to come regardless of their major.

"The Writing Center has helped me with clarifications of assignments and keeping me on track of what professor at Hollins want in my writing," said Michelle Fellows '07.

In fact, not all Quantitative Reasoning tutors are majoring in the subject that students would presume, math. Kate Stanley '07 a QR tutor has chosen Dance as her major, math as her minor. AS Stanley explained QR tutors not only tutor, they help student overcome their fear of math, a barrier that needs to be broken before they can excel.

Stanley said, "Math is good for the soul, it's therapeutic for me."

So it appears, is the atmosphere of the CLE as a whole.

Abeles explained, "I like going to the CLE myself as a student because it helps me clarify my ideas and it just lets me have a conversation with another student who doesn't necessarily know about my topic but can help me see the paper in a new light."



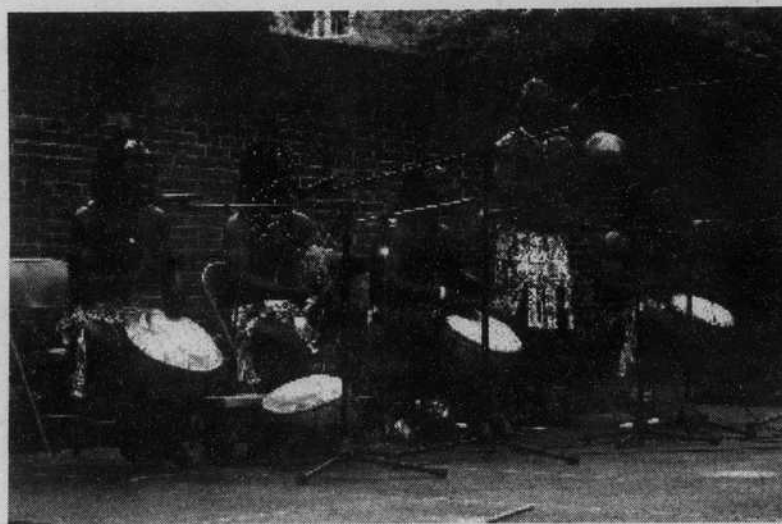
Eileen Struble '06, a writing center tutor, helps another student with her paper. The writing center has merged with the QR center to form the Center for Learning Excellence

all the experience that the Writing Center tutors have. I see that the Writing Center and Quantitative Reasoning tutors are bonding, and that's a good thing," said Mellinger.

This "atmosphere of the CLE is a comfortable learning environment," as WC tutor Emily Abeles '05 explained, is apparent in the posters decorating the halls of dormitories, moody, and administrative buildings.

feel comfortable looking at their writing and talking about it with other students. It's almost a safe place for them to go that's not in the environment of a professor."

"I feel that, even though it's my first year as a Writing Center tutor, I can really sense the harmony between the tutors and the rapport they have with the tutees," said Mallory Haar '07.



The cultural group African Showboys performs in Moody Plaza

HOLLINS COLUMNS 2004-2005

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FROM PAGE 1

Clean slate review

to do with the decision.

If athletes wanted, they could play at club level. With desires to play at the intercollegiate level, this decision has caused several student athletes of the Volleyball team to transfer, affecting team dynamics and attitudes of some players.

Regardless, new members have joined the Volleyball team such as Casey Bridgers '08, a setter who was instrumental in the win over Sweet Briar. After commenting with enthusiasm on the aid of Bridgers in the Sweet Briar blowout, team captain Rebecca Cocke '06 remarked how the teams dynamics are on the court this year.

She said, "It's hard to play [with the] loss of key players and know that you are going to lose the complete sport," she revealed. "We want to

win games and show how great Volleyball is but it's hard to see the positive side when things are so negative."

"It's hard to lead a team you know will end," said Cocke, a middle hitter who made it to states in high school and would have not come to Hollins if the institution did not have a volleyball team.

On the field, victory is developing. In spite of vast efforts and although coming extremely close, the Hollins Field Hockey team has yet to win a game this season, mirroring last seasons results. Regardless of the final outcome of the games, the team notices progress this season.

"The proof is in the stats - compare scores, number of penalty corners called against us, and shots on goal. We have improved,

and I mean it, 100% in three years," said Captain Anna Copplestone '06.

The cross country team has not been given a chance to develop its progress over a long period of time like field hockey, as the cross country team was just instated as a varsity sport in the 03-04 academic year. Despite being confined to a short amount of time, the team's athletic strengths are vibrant.

Coach J.P. Widner noted Rebecca Staed '06 who is "improving leaps and bounds in every single race and is on the brink of becoming one of the top ODAC [Old Dominion Athletic Conference] cross country women." Amanda Miller '08 and Pam Cruz '08 have also had outstanding seasons.

"If you look at this as a win/loss issue or a number of participants issue, the average person has a hard time understanding why [cross country is being cut], especially with the success of

this program compared to the success of other sports teams at Hollins University," said Widner. This year, with a vital freshmen infiltration to the team, the Hollins runners have defeated 16 teams this season, as of press time.

Freshmen, such as Cruz are adamant about once again playing at the varsity level at Hollins. Athletes can motion in the 06-07 academic year once the department goes under review again, to compete at the intercollegiate level.

Calkins applauds the student athletes for their continued motivation, passion and enthusiasm to their respective sports but says that, "The College has to look at what can offer best for all programs."

Christine Jehu '06, Student Government Association's Athletic chair, believes that playing these sports at the club level will allow athletes to play for the love the game and still engage in their sport at a high

level.

"The review as a whole will help build a stronger foundation for teams and will draw stronger athletes to Hollins in the future," she commented. Many student athletes hesitate about participating at club level, as a majority of the competition element is withdrawn.

Copplestone of the field hockey team notes the spirit of her team remain undaunted by the decision.

"Our improvement into this season is a direct indication that the review has not hindered our ability to look to the future. Our high energy and level of motivation to complete the season with focus remains undamaged."

This year as the review begins its transition, students continue to stay motivated and remain persistent with goals of success in mind. With the board of trustees firmly sticking to their decision, it seems as though they will have to accept their fate.

FROM PAGE 1

Political interest

Wednesday, September 29th at 8:00.

The Hollins campus has a large population of students interested in politics and becoming more politically active. Many students, however, simply don't have the time to commit time to organizations.

"I am going to vote," says Republican Frankie Leary, '08. "But I don't have time to get involved in a club".

If students have time commitments that prevent direct political involvement with on- or off-campus organizations, does that make them apathetic? Is it fair to measure the rate of political apathy based on voting turnout or activist organizational turnout alone?

First, voting is only one measurement of political participation, and certainly not the most revealing one. On a campus with one of the most politically active student bodies, like American University in Washington D.C., a variety of available activities with minimal to extensive time commitment are available to interested

students.

"It's out of control here, everyone is involved in some way," American University College Democrat President Greg Wasserstrom '07 said.



"Students take part in the Voter Registration Fair, organized by Shannon Curley '05. The event was designed to increase voter registration and political awareness."

"We've been helping to campaign for Erskine Bokes, who's running

for Senate, and the week before last we went to West Virginia for Kerry. We also have regular film screenings of political documentaries, which are great because they're interesting, true, and

at hand and their relation to students; like any other demographic group, students are going to be less likely to get involved in issues like Social Security reform and Medicare drug benefits- then again, how many senior citizens have sit ins for higher funding for student loans?

Yet, young people get stuck with the bad name, the label that diminishes their political validity before they've even had a chance to get involved.

Fighting a stereotype like that could in fact be powerful enough to turn young voters off to politics entirely, and help feed the idea that "one person can't make a difference."

Dozens of organizations are devoted to preventing exactly that. The New Voters project, a non-partisan campaign that functions

almost entirely over the Internet, helps give students access to easy ways to protect their rights, opinions and questions through online-demonstrations like petitions. So far, the organization has reached its goal of getting 250,000 voters and is growing into the largest active young voter-driven organization in history.

So Hollins still has a chance of defeating the idea that students are apathetic. With the help of the school's many clubs, including the Young Democrats and Republicans, and activities, like the Voter Kick-off event in Moody Plaza on September 25th, students will soon be able to participate in politics specific to their needs based on time and interest.

"The Young Democrats, along with the Hollins Republicans, are having gatherings to watch the presidential debates on campus open to the entire campus community including students, faculty, and administration," said Ciana Bown.

This is one of the many all campus inclusive events to come that even the most weighed-down student should be able to attend.

New and improved ADA back on campus

BY JEN SPELKOMAN

"Green and Gold are our colors bold", so the song goes, but then, what's with the purple shirts sold in the bookstore? And those mysterious girls with purple bead necklaces shouting in the cafeteria - who are they and what, exactly, are they so energetic about? Well, if you are a freshman, sophomore or transfer student you may be asking these questions, and the answers to all of these questions is ADA.

Terminated in 1930, Hollins sororities are where ADA stems its roots. Aging documents and written accounts maintained in the library archives pinpoint the cause of the sorority extinction as more drama than the Jerry Springer Show's rendition of Hamlet.

Translation: the lack of focus on academics due to sorority drama initiated students and administrators to concur in pulling the sorority plug at Hollins. At that time, faculty recommended that ADA, which originated in the early 1900's, maintain status on campus, as they were known as a "funny

spirited bunch", according to documents.

ADA has drifted far from the classification of "sorority" and fallen into the mysterious category of "secret organization", not even divulging what their acronym stands for. Little is known about ADA activities done behind closed doors, with members being vague when asked specifics.

Since the days of old, ADA members have been Hollins staples, adding vigor to the campus with comic skits done in the cafeteria, clad in their color-- purple--and spreading enthusiasm and spirit without interruption, until last year.

An ADA skit done in poor taste, but not intentionally malicious, was performed in the cafeteria in the spring of 2003 by a prospective ADA member. This particular skit offended members of the campus community and caused the late Hollins President Nora Kiser Bell to suspend all ADA activities, including induction of new members to the organization, for the 03-04 academic year. This act sparked a

storm of buzz and controversy and caused many an article, meeting and committee to form.

So, what does that mean now? Is ADA back? What are they going to do? Only the current senior and junior classes are familiar with the preexisting ADA and its traditional ways. How exactly is an organization with such a history going to give itself enough momentum to once again attain its prominent position on the Hollins campus?

More importantly, how does one get these answers from a supposed "secret organization"? (I.e. Question: "Why is ADA a secret organization?" Answer: "ADA is a secret organization because it has always been a secret organization." Props to those involved in dentistry because pulling teeth is hard work.) ADA "Queen" Emily Fielder, '05, gives the current status on ADA, without breaking any secret codes and member Elizabeth Sackett, '05, gives her personal insights on the organization.

Hollins Columns: Why is

it important to continue an organization like ADA after a year on hiatus?

Emily Fielder: ADA has always been a part of Hollins. We are always a big part of Tinker Day, and we promote spirit on campus. We are trying to get back into doing more on campus and being more involved with the sports teams. We are a changing organization and we are proud of the work we have done in past years.

HC: Speaking of changes, how do you plan to present this organization to a campus with only seniors and juniors aware of its previous activities?

EF: We are hoping that everyone will come and watch the ADA skits on Tuesday nights, and see us on Tinker Day. Those are both big traditions for us, and hopefully after this semester people will be able to see us on campus and understand more of what we do.

HC: After the year of suspension, does or will ADA conduct itself differently?

EF: We are a changing organization and we have re-

evaluated many things in our organization. ADA will hopefully continue to grow and change in the future.

HC: What about now? What have the current members done to put ADA back on the map?

EF: We have all worked really hard the past year. We have spent a lot of time this semester getting things organized and ready for the rest of this important year. Usually ADA has between 20-25 members, more in the spring since we add to our numbers in the fall. This year however, there are only five of us [who are] all seniors.

[ADA has already begun "spudding", inducting nine students to be members this semester]

HC: What do you do as "Queen" of ADA? What does being "Queen" mean, anyway?

EF: Being queen means that I keep everyone together and keep things going. Especially this year, it is really a group effort since it is only five of us, so we are

SEE ADA PAGE 5

HUUUYA brings new religious views to campus

BY ELIZABETH BARTENSTEIN

"Come, come whoever you are," sang a small group of women in Ballator. The invocation was led by the Rev. Audette Fulbright, the woman who advises the Hollins University Unitarian Universalist Young Adults, HUUUYA. HUUUYA had their first meeting of the year on Sunday, Sept. 19.

The message of the meeting was certainly one of welcome, as the invocation suggests. The group of about 9 girls came interested in what the group was about. Rose Bottle said the group's goal is "to provide a place for UU young adults." Her co-coordinator Fred Whiteman added, "And young adults exploring other faiths."

Rev. Fulbright certainly made that point clear in the gathering. She began with some welcoming words, and led the invocation with the appropriate words "whoever you are... wanderer, worshipper..."

She then lit a "chalice" or candle and led an open, friendly discussion.

She asked everyone to share something they'd like to gain from being a part of the group. Some said they wanted to learn more about the UU church and about women in religious history. Others were atheists exploring questions they had about spirituality and God. Whiteman later responded to having atheists in the group, "The idea is a shared set of ethical principles, not a shared dogma about God."

Another member, Becky Klabunde '07, adds that "The beauty of the UU church is that it doesn't have one set system of beliefs other than acceptance of people's personal spiritual journeys."

The club itself is on a journey of its own. Hollins University provides its students with a variety of religious and cultural opportunities, most of

which are organized under the SRLA, the Student Religious Life Association. HUUUYA is just starting to get its footing in the whole clubs system, and will most likely seek to be under the SRLA "umbrella."

Bottle said "We're trying to get our feet underneath us right now. Once we get a solid group, then we'll see what our role in the SRLA will be."

Beyond the spiritual aspect, Bottle has hopes that the group will do some form of service to the community. The spiritual side of the group is outlined by the ideals of the UU church.

The church was created in the 1960's as a combination of Unitarians and Universalists who believe that the God is one, and is not part of a trinity. Klabunde said that the UU church emphasizes that "God loves his creation too much to send people to hell. If you want to go to heaven you will."

The church is no longer associated with Christianity necessarily, but encourages a person to find something that works for them, whether it's a combination of the UU mission with the pagan tradition, the Christian tradition, or another tradition.

Bottle says the club is different from most religious groups on campus because, "It provides a place for those questioning their faith as opposed to a place for people of a common faith to hang out or do whatever they do."

"It's worship in a less structured way. And we get really good food," Whiteman added, smiling. Food was indeed a part of the Sunday evening gathering. The Rev. Fulbright made a dinner for the group, which they shared after their discussion and song.

Fulbright asked the women to each say something that was looming on the horizon, such as a big project, some

kind of stressor or personal change. She also had everyone write down on a slip of pink paper something they thought would make them truly happy. Each took their time and thought carefully as they wrote down their dreams and wishes.

The club is certainly one which depends upon good attendance, as Fulbright and Whiteman emphasized. "The turnout was really good. That's twice as many people as we had at meetings last year. I'm just hoping that people come back," Whiteman said.

Klabunde said word of mouth played a big part in her involvement. She said, "I was unaware of the beliefs of the UU church until my room mate introduced me to it." With Bottle's hopes for bigger projects, Whiteman's enthusiasm, the interest of members like Klabunde, and the welcoming approach to all newcomers, HUUUYA has their eyes on a hopeful future as a club at Hollins.

New class of 2008 officers have high hopes

By COURTNEY CUTRIGHT

The class of 2008 is exercising their right to vote. Two months before the presidential campaign takes place, the first-year students elected this year's SGA class officers.

According to SGA Secretary Emily Daniels, '05, the first-year class exhibited a strong presence through their involvement in the election.

"I was very impressed with the involvement and goals of the class of '08," said Daniels. "Six women ran for the position of president, a number I have not ever seen an election come close to on this campus."

Equally notable, quorum was reached by 12:30 p.m. during the first day of the elections and the run-off days. Previously in elections on campus, it has taken much longer to reach quorum.

"But what I think speaks most highly of the class of '08 is the fact that over

80% of the class did vote on both election days," added Daniels.

By turning out to vote, the first-year students demonstrated their interest in choosing class officers to represent them and the importance of the student government's presence at Hollins.

The winners of the election were: Shivaughn Ferguson, President; Allison Berneking, Vice President; and Megan Addison, Treasurer. The office of secretary has not been filled.

Ferguson decided to run for president of the class of 2008 because she is striving for a sense of harmony for her class—something that her senior class in high school in San Antonio, TX, was missing.

"I loved my class," said Ferguson. "It was filled with great minds and personalities. But when it came to getting things done, no one wanted to participate.

So, [in the] fall of my senior year, I decided whatever college I attended, I would run for class officer."

Ferguson enjoys cheerleading and debate and she has leadership experience in both areas. But she emphasized that her

held positions in various clubs and committees. At Hollins, she is serving on the Activity Board and the Appointment Board. She also interviewed for a position on the Academic Policy Committee.

Berneking's goal for the

to me that every voice that wants to be heard is heard this year."

Addison is from Charlotte, NC, where she attended a large high school. She was not involved in student government there because the process was more like a popularity vote.

"I love Hollins for its small size," said Addison. "I really want to do a lot this year in which the girls can get to meet each other and make this year memorable."

Although Addison doesn't bring any student government experience to the team, her interest in politics and her fiscal experience are assets.

"I have been raised my whole life to earn and budget my income and expenses, so this area is familiar to me," said Addison of her

responsibilities as treasurer.

Addison is getting involved on campus as an Admissions Ambassador and a Big Sister. She enjoys working with kids and animals.

Under the leadership of Ferguson, Berneking, and Addison, the class of 2008 is looking forward to a year filled with accomplishments.

"There are several things I wish for our class to do together: raising money, volunteering, and holding social events," said Berneking. "Yet I think the underlying goal for all these things to happen is for our peer group to get to know one another and work as a team to accomplish what we want."



The new class of 2008 officers Shivaughn Ferguson, Alison Berneking and Megan Addison

experience isn't solely from official roles. She feels that a lot of her experience comes from being a member of an assortment of clubs and organizations, where she was able to observe the leadership of others.

"I'm a strong believer that in order to be a successful leader you can't always lead," she said. "[My experience] taught me how to work with others and helped me recognize the importance of each voice."

Ferguson is excited about getting her class off to a strong start. She is eager to get the class involved with the Roanoke community and to begin fundraising.

Berneking is from Staunton, VA. In high school, she was involved with student government and she also

year is to unite her class by getting fellow classmates to know and support each other.

"Though it's our first year at Hollins and most of us are still trying to adjust to college life, I want to start this year off strong," she said.

Berneking is impressed with the interest her class has shown by getting involved with the class government. She is enthusiastic about getting to know her classmates and using her elected position to voice their concerns.

"I want my main contribution to be my availability," she said. "I want students to know that I want to listen to what they have to say. It is important

FROM PAGE 4

ADA

all very involved.

HC: Why is ADA a secret organization?

EF: ADA is a secret organization because it has always been a secret organization.

HC: Oh. Well then, what does ADA mean to you?

EF: ADA is very special to me. I am proud of our ability to work together and to get through tough times. The girls in ADA have become very close friends to me and I think our desire to change our organization for the better has really shown in everything we have done so far this semester. Our year off campus last year really gave us a chance to look over things and now we are ready to keep this tradition on campus going.

HC: How do you feel ADA's role on the Hollins campus will be different this year in comparison to previous years?

Elizabeth Sackett: I think that ADA's role on the campus this year will be very different to what it has been in

recent years, yet much more like it traditionally has been. We are trying very hard to return back to the traditions and wonderful qualities that have kept ADA on campus for the past 100 years. In some ways, ADA will be less present; we will not be in the cafeteria doing skits. In other ways, ADA will be much more noticeable, attending games and doing cheers during halftime. In the first years of ADA the goal was to be a spirit organization and we are striving for this to return.

HC: What does ADA mean to you?

ES: ADA is Hollins to me. Without ADA, I would no longer be at Hollins. I know I do not speak only for myself when I say that many girls at Hollins feel like they cannot find their place here. I felt the same way. When I was spudded, I was introduced to so many upperclassmen, as well as the many wonderful qualities of Hollins that I had previously overlooked. My perspective of life at Hollins completely changed. I grew from truly hating my time at Hollins to loving every minute of it.

Corrections

The article entitled "Healthcare provider changes on campus" should have said the campus doctor is on call 24/7. It also should have noted that one RN with PCV works 25 hours of nursing and 10 hours of health education. They also currently have three counselors on campus sharing 20 hours a week. Under Carillion there will be two putting in a combined 35 hours per week. The *Columns* regrets the error

Got something to say? To contribute a letter to the editor, e-mail us at hollinscolumns@hotmail.com

Life in the not-so-express lane

BY JULIA KNOX
CO-EDITOR-IN-CHIEF

Ladies, I have excellent news: Ukrop's is coming to Roanoke.

I was born & raised in Richmond where, as my fellow Richmonders can attest to, we consider Ukrop's holier than Bethlehem.

For those not hailing from the Richmond area and therefore not rubbing their stomachs thinking, "Mmmm...triple cheese macaroni...", allow me to explain. Ukrop's is a family owned supermarket/café/restaurant with numerous locations in the Richmond area (and, thankfully, one soon to be in the Roanoke area).

It's rather upscale as far as grocery stores go, with emphasis placed on superior customer service (they bag your groceries AND take

them out to your car!), fresh produce and prepared foods, and cleanliness.

In other words, you won't get the privilege of seeing a mouse in the cereal aisle, as I did at a certain grocery establishment nearby that shall remain anonymous.

Ukrop's is the best place in Richmond to get groceries, a panini for lunch, or a fried chicken family dinner, but is it also a great place to work? Lucky for you, I, having just celebrated (and I use that term loosely) my two-year anniversary as a cashier, am here to spill the beans.

During my two years there, I've noticed that America apparently has a reading problem, specifically with the phrase "Express Lane: 10 Items or Less". Every cashier in the world hates the Express Lane -- please don't make them hate it more by having more than

10 items. Eleven items is ok -- if there's not a line.

But under no circumstances should one do as a woman did on Christmas Eve - our busiest day of the year - and place 61 items (yes, I counted) on the belt. It took all my energy to just grit my teeth and smile instead of saying, "Ma'am, I don't know if your eyes are going bad or something, but the sign said E-X-P-R-E-S-S".

And please, if you're one of those people that meticulously count out and pay with only change, either have less than \$.25 worth of merchandise or don't go through Express.

The branch I work at happens to be across from a huge lot of nursing and retiring homes, so we're quite popular with the ages 60-85 demographic. (Side note: we also close earlier than any other Ukrop's

location. Coincidence? I think not. The elderly tend not to venture out in desperate need of strawberries after 8pm).

Anyway, I absolutely adore old people. And I really do honestly enjoy listening to them, like one man who told me how his dead wife of 67 years came to visit him in a dream. But I enjoy it a lot more when there aren't 18 people, including a snarling professional wrestler look-a-like, behind him during our after-work rush hour.

My favorite customers, however, are the ones that walk around with their nose in the air like they're some member of the Royal Family that's gracing my line with their presence. I especially like it when they then proceed to yell at me because the ice cream that was on sale for \$2.49 last week is now priced at \$4.99.

I don't make the prices, and since you're wearing a Gucci jacket and carrying an authentic Louis, I really don't think the extra \$1.50 is going to kill your bank account.

Okay, I admit it. I actually like my job sometimes. It makes me smile when Jim, a regular customer and former Roanoke resident, comes in just to buy exactly 8 cans of cat food, ask how my classes are going, and recall fond memories of the Wildflour bakery. And joking with my co-workers about a crazy customer makes my feet hurt slightly less during a nine-hour shift.

But please, for the sake of overworked cashiers everywhere, stay out of the Express Lane.

That's the way I've always heard it should be

BY LAURA SMITH
CO-EDITOR-IN-CHIEF

I remember the first time I heard Carly Simon's song, "That's the Way I've Always Heard it Should Be." I was in the passenger seat of my mother's minivan, sprawled out in the most comfortable position possible, listening to a cd mix my mother had so proudly compiled. As I sat staring out the window, feeling a bit lonely because I was unable to sing along, the movement of my mother's hand caught my attention.

"I love this song," she said, motioning to the radio, fingers creeping to rotate the volume dial.

I listened to the lyrics. "You say we can keep our love alive, babe - all I know is what I see - the couples cling and claw and drown in love's debris. You say we'll soar like two birds through the clouds, but soon you'll cage me on your shelf. I'll never learn to be just me first by myself."

The song, it seemed, was about a woman who was afraid that by marrying someone she would unconsciously sacrifice her

independence and spirit. I began to wonder, in a world defined by relationships -- whether they are with parents, friends, neighbors, teachers, or a significant other -- how can a person find time for themselves?

Although not everyone thrives in relationships, some perhaps prefer to live as a hermit, society tells us that to have mutual friendships and social relations is normal. Those who don't have friends have something wrong with them. To be lonely is to be undesired.

How then can we still find time to become familiar with who we are as individuals apart from the social constructs, biases, and the will to conform to prescribed norms that place us in these relationship roles?

The answer is this: who we are as individuals is in part, framed by these things. We often unconsciously follow the rules put forth by a gender-oriented society, adopt a certain attitude, involve ourselves in conventional activities. In order to excel in both business and economic factions, we have to act

in ways that are viewed as acceptable by others. We can not, for example, have only two friends, for that would mean that there is something wrong with our character, it is our fault we are so unapproachable.

Yet in order to be ourselves we have to be conscious of the reasons we make certain choices and sometimes revel in one made outside our cultural constraints. We have to understand that we all need time to ourselves; all need a cup of tea, a writing utensil, and a chance to reflect on our actions. To be alone for a few days does not make anyone a loser. It makes each person stronger and more comfortable with their feelings -- everyone is inherently private.

There is a part in every person's life when they are ready to become a couple. Yet becoming a couple does not mean forsaking one's own identity. A friend of mine dated a young man throughout her final 2.5 years of high school. By the end of her senior year everyone would refer to the two of them as one person, "Jess and Joe."

This did not bother her, but it bothered a mutual friend of ours who once remarked to me, "Laura, I never see Jess without Joe. She has no life outside of him. I hope to God I never have that type of relationship."

In the movie *Sylvia*, about the tumultuous relationship between Ted Hughes and Sylvia Plath, the character Sylvia remarks that she was half a person until Ted came along and made her whole -- made them one united being.

By saying this Sylvia is sacrificing her own identity; she went through life hovering in a state of perpetual waiting, desiring to be "completed" by her beau. One can forgive the producers of this movie for having the character say something so ludicrous because they are aware that Plath's own personal thoughts are preserved in the written words that make up her much anthologized poetry.

But one can not forgive those who go through life with the goal of finding completion in the hands of the partner with whom they want to spend the rest of

their life. They are viewed as pathetic, of having less than worthy goals. Although getting married is a notable desire, it should not be one's only want. "That's the Way I've Always Heard it Should Be," is not saying that everyone marries, it's saying that everyone has to make sacrifices when they are in a relationship.

But these sacrifices should not be so extreme that they force those involved to adopt a different persona. As Carly clearly delineates in her song this can lead to a bitter and resentful relationship as those directly and indirectly involved become unhappy with one another: "Their children hate them for the things their not. They hate themselves for what they are. And yet they drink they laugh, close the wound, hide the scar."

Let us just say this: we all try too hard. Sometimes it's easier to lock the door, curl up with a book, and spend some time alone.

Dear Editors: Apathy isn't the main problem

In the four years I have been at Hollins and out of all of the meetings and committees and conversations I have been involved with, the topic of apathy is the most consistently discussed. How can we stop it, what are its causes – the list of questions is endless.

I write about the apathy conversation not to encourage the apathetic to change their ways, but to point my words at the women in charge of this campus, at the faculty and their guidance, their knowledge, and toward the administration. Too many times I feel we throw the blame on the individuals who complain but who do not fill out the appointment board applications, too many times I feel we throw the blame at the people who angst in the corners of Moody toward the women who work three jobs and take a full course load to stay at Hollins, to the women who

already feel powerless.

It only takes one negative interaction with SGA, with a professor, with an administrator, for an individual to curl away from campus life, to stay content without involvement in campus organizations. In all of the years I have been working at Hollins for changes I felt were necessary, I have had as many negative interactions as positive. I contemplated transferring more times than I can count on my appendages and I came as close as one could, like so many jaded members of the class of '05, at the end of my sophomore year when things exploded in a mound of distrust, where everyone felt as though their voice wasn't heard, when no one knew what to do and instead hid behind such buzz words (well-meaning for dialogue, ineffectively used) as diversity and inclusion and civility.

And yet I am still here, still involved, still working for a change I probably won't see in the duration of my time at Hollins. This letter is not directed at the apathetic, though I hope they see how closely my perspective aligns with their own, but to the leaders of this campus. Too often do I see these people, these students and professors and administrators, shake their heads at the people who aren't active in campus politics. Too often do I see them shrug off the opinions of the girl who comes to Senate only once in her four years at Hollins. This, I feel, contributes to the problem, and, could feasibly be the core of the problem. If we are stuck in a continuous cycle of blame, how can one move forward?

I think it's time that the leaders of Hollins University understand that criticism is our only tool at the moment. One student's opinion should

not be taken any higher than another. Leadership is a learned phenomenon, not an innate entity. One does not have to be a member of the Batten Leadership Society in order to be an effective and true leader (though, I will not discount this program's benefits, as they are every bit as positive as advertised). Leadership is present anytime a woman at this school speaks up, even if it's just for a moment, leadership is present every time someone in a position of power/knowledge, is able to make that woman feel as if she is actually being listened to and not just humored for the sake of image.

I hope that we can move our minds away from the problem of apathy and start looking at this epidemic as a system of blame and avoidance. If we do not look at how we conduct ourselves, in how we are as much a piece of the problem as anyone else, then nothing

will be solved. I would like to see SGA leaders and the club heads striving toward a sense of collaboration, I would like to see more faculty reaching out to students without the sigh that makes us feel as though we are bothering them, I would like to see more and more administrators attending Senate (kudos are thrown here to Wayne Markert, Kerry Edmonds and Alison Ridley for their recent attendance). I would like to see actual accountability and consistent follow-through. I would like to see people take a closer look at themselves when talking about apathy. People feel dis-empowered for a reason, people feel jaded for a reason, and though it may not be due to our own actions, it is up to each and every one of us to fix past slights.

Sincerely, Lisa Bower

Dear Editors: Freya still active on campus

To the Hollins Community, This year's Convocation marked the 162nd opening of Hollins. An important part of the events surrounding the official opening of the university is the traditional walk by robed members of Freya.

Freya is probably one of the most difficult organizations to explain, whether to incoming first-years or to seniors. In this letter, the members of Freya would like to share with you our purpose- who we are, why we walk, and the part we play in the Hollins community.

Freya is neither affiliated

with nor bound by any particular organization of the Hollins community. Rather, we work in the community through each of our members. We hold a variety of interests, values, and resources. Though members of Freya vary widely in many ways (race, religion, sexual orientation, socioeconomic class, etc.), we all hold in common a love for the spirit of Hollins and a dedication to the betterment of our community.

We remain anonymous in order to achieve a collective character and to show that we represent not one idea or belief, but all the

opinions and perspectives of the people at Hollins. We are here not for ourselves, but for the community. Freya's anonymity gives us the freedom to function without the association of any political, academic, or personal labels and allows us to utilize fully the individuality of each of our members.

Freya continues the tradition of walking to maintain tangible contact with the community and to draw attention to issues of the university or of national or international significance. When we walk, we wear black robes to preserve our

anonymity and to promote our symbol of unity. We carry candles as symbols of hope and faith.

Many people believe that walking is the only contact the Hollins community ever has with Freya. While a strong recognizable symbol, walking is the least of our activities.

We are everywhere, always striving to improve Hollins in anyway we can. The Hollins community interacts with Freya everyday, although it may not be recognized.

Freya serves Hollins through two funds: the Freya Scholarship fund and the Emergency Relief

fund. These funds are made possible through donations from alumnae. The members of Freya hope to continue the growth of these funds and make it possible to assist more students each year.

Freya has been in existence since 1903. During our over 100 year history, Freya has changed as much as Hollins itself. As Hollins begins a new year, Freya will continue to grow and change, always welcoming the challenge of narrowing the discrepancy between what one is and what one could be.

Sincerely,
The Members of Freya

Dear Editors: It's like, peace and love dude!

Did you know that the International Day of Peace was on September 21st? Many of you signed and wrote wonderful messages on the "Peace Chart" arranged by the Global Interests Association of Hollins. The board was decorated with cranes and peace symbols, and had latest information on the conflicts around the world. It also had 'peace' in different languages, and names of a few 'peace-people'.

Well here's a bit of intellectual information about the great day: The International Day of Peace should be observed as a day of global ceasefire and non-violence for the day (at least!). It should be commemorated by each member state of the UN through education, public awareness, and cooperation with UN for global ceasefire. On 12 noon, September 21st, people are urged to take a moment of silence,

and spread the message peace in any way possible. This year is the 22nd annual observance of international day of peace. So how can you help this effort? We in GIA set up a peace chart for Hollins women to sign, and kudos to ones that did. If you didn't this year, be sure to do it next year! As for the upcoming election, be sure to register and vote for a candidate who has better foreign policies and will promote peace and

non violence in the world. It often takes simple but determined steps to reach a goal.

And as for my personal favorite quotes on the peace chart:

"An eye for an eye will leave the whole world blind."

"Be the change you want to see in this world."

"It's like peace and love dude!"

Sincerely,
Writtika Roy and GIA

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New soccer coach makes welcome improvements

BY CARRIE SPRUILL

At the start of this fall semester, the Hollins University soccer team welcomed a new coach, Lars Agren. Hailing from Sweden, Agren brings many years of experience to the position. From the age of nine until his late teens, he played in a club soccer league in Sweden. As an adult, he coached a boys' club soccer team for two years.

In his native country, he earned two coaching certificates, a Union of European American Football Association's European Basic Level and a Youth Level License from the Swedish Soccer Association. In addition, he has attained an Advanced Regional diploma from the National Soccer Coaches Association of America. These qualifications allow him to coach youth soccer teams.

After moving to the United States, Agren coached the

boys' varsity soccer team at Glenvar High School for four years before advancing to college soccer. While working as an assistant soccer coach for Randolph Macon Women's College, Agren first took notice of the Hollins University soccer team during the games between the two rivals.

"I knew it would be a challenge," he recalls, "but I like challenges."

Before Agren stepped in, the team was facing challenges of its own. After Coach Martinez resigned last year, the team operated without a coach for more than a semester.

During this time there were concerns about management, which fell under the direction of team captain Christine Jehu, '06.

"With talking to recruits last year I never really was in a position to tell a player how much time she would have on the field," she explains.

"It was just hard being a student and having no contact information of our coach for her to go talk to. So this year it's great when coach



The arrival of new soccer coach Lars Agren has improved the soccer team's record and overall performance.

gets an e-mail and is excited about recruitment."

The team is happy with Agren's coaching so far. "People want to go to practice and are excited about the new coach," comments

Jehu.

When asked about Agren's attitude toward the team, she replied, "Everything that comes out of his mouth is positive. If he ever says something negative, he always follows it with a positive. He wants each player to do whatever she can do to the best of her ability."

The coach's optimistic and encouraging manner is evident in his evaluation of team strengths. "There is great team unity and an eagerness to learn how to become better soccer players," he says. "The team members have a great mix of personalities and abilities."

Under Agren, the team is steadily improving and honing its fundamental skills. In practices, the players never do straight running; rather, the ball is used in every drill.

Changes such as these have made a difference in the team's performance.

This year, the team has already scored one-third of the total number of goals that it reached last season. Thus far, Hollins has managed to make at least one goal per match.

This progress has not gone unnoticed. "So far we've gotten compliments from faculty, referees, other coaches, and students at every game," states Jehu.

Although the team has displayed improvement in this early stage of the season, Agren still has important long term objectives in mind. He hopes that the team will become more competitive with other Old Dominion Athletic Conference teams and qualify for the conference play-off.

He realizes, however, that these qualities develop over time. "Usually, it takes a couple of years to get a coaching philosophy to bear fruit. It doesn't happen in one season."

Anna Coplestone named Athlete of the Week

BY TARA JONES

Congratulations to Anna Coplestone, Athlete of the Week.

Via an e-mail interview, Anna answered the following questions.

When and why did you start playing field hockey? I began playing Field Hockey when I was little. I don't actually remember when! Nor do I remember why. I guess it was because everyone else was doing it, meaning my four sisters and my mom. I do have vague memories of playing soccer in first grade - the soccer ball mysteriously disappeared and a field hockey stick took its place... must have been mom.

What is your most embarrassing sports moment? I have played a lot of sports and embarrass myself quite often. Some of the top few include sinking a boat in crew (which was in an ice cold lake in New Hampshire so my teammates promptly stripped me down to my underwear and threw me in a hot shower so I wouldn't get hypothermia), going head first into the

boards at an ice hockey practice because I couldn't stop myself, and playing basketball for 5 years and scoring my one and only point on accident. Need I mention the time, when I played

F i e l d H o c k e y for Lynchburg College, that I fell off the track at and sprained my ankle? Or all the times in Lacrosse I keep running after I drop the ball, thinking it is still in my stick? I have more...

What year are you at Hollins?

Junior.

What is your major?

I am an

Interdisciplinary Major in Psychology and Social Work.

What do you plan to

do with your major after graduation?

The whole idea of an Interdisciplinary Major in Psychology and Social Work is to prepare myself to work in any job that involves

Where are you from?

I grew up in the small town of Wolfeboro, New Hampshire and moved to Roanoke when I started college.

What is your favorite thing about Hollins Athletics?

The people that make it possible: Carleen Overacker who keeps us all alive and in line, Lynda Calkins who works sun-up to sun-down representing us with professionalism and style, Sandra Thomas who tirelessly keeps us informed and organized, every Coach who works for sheer love of the game, and each Athlete who brings her own spunk and pizzazz to the mix. Passionate, fun, and creative people build Athletics here at Hollins, and they are the reason I play.

What would you say to encourage other girls at

Hollins to join a sport?

I would ask them if they realized how much fun they were missing!

What is your record for the season thus far?

Who's keeping track? But I will say that if you look at the scores of this year's games vs. last year's vs. the year before you will see consistent improvement and rising talent.

Who is your coach?

My mother! Sarah Coplestone has been my coach since, well, I was born. She coached me in middle school and high school as well.

Why do you think your teammates nominated you?

It was definitely my good looks and enormous bank account. But seriously. Seven members of our team received votes, and I was only ahead of the others by one. This, I believe is a reflection of our team's support and admiration for one another. Our mutual respect is evident through our actions.

Lorrie Grace McCann commented on her teammate, Anna, being Athlete of the Week: "She



Athlete of the Week Anna Coplestone gets ready to score during a field hockey game