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Hollins Columns



May 8, 1995

Volume 67, Issue 12

Hollins community rallies to contribute to the 1994-95 capital campaign

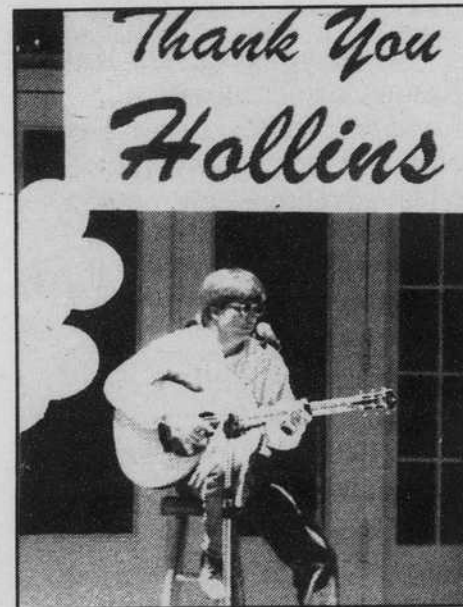
by Lillian Potter

Last Friday, under sunny skies and in 80 degree weather, Hollins celebrated the Campus Campaign with a picnic on front quad. Red and white picnic blankets dotted the landscape as students, alumnae, faculty, and staff feasted on fried chicken, barbecue sandwiches, and fresh strawberries.

The bash was in honor of the completion of the Campus Campaign for Hollins, which was designed to raise donations from faculty, staff, and students. Over 70% of Hollins employees have participated, which, according to Campus Campaign Coordinator Betsy Grubbs '72, "is the highest participation level ever achieved at Hollins among faculty and staff." Hollins students, too, have added to the campaign, and the senior class gift is expected to increase the participation level of students.

At the picnic, several prizes were raffled off, including a weekend getaway to the Patrick Henry Hotel, which was won by Residence Education Coordinator and Hollins Outdoor Program Director Tom Layer. Shaye Strager '95 won two round-trip tickets on USAir to anywhere in the United States, and Security Supervisor Oliver Nash won a membership to a local country club.

The high participation of the Hollins community in the Campus Campaign will be important as Hollins enters its drive to meet the goal of the larger Capital Campaign: \$40.8 million. Foundations, corporations, and other



Guitar teacher from Fret Mill Music. Photo by Anne Huger.

grant-making institutions that may donate to Hollins during the Capital Campaign will view the high participation level in the Campus Campaign very favorably according to Nancy Collins, Reference Librarian at Hollins and Campus Campaign Leader. "We are more interested in the percentage of campus participation than the dollar amount," she added.

Money raised during the Capital Campaign will go to fund the general endowment of the college. Lyn Farrar '78, who is president of the Alumnae Board, said this money will go "for special programs, such as the Rubin writers program, the writers and artists in residence programs, and the new library." Farrar added that this will generally make Hollins "a more contemporary learning environment."

The Campus Campaign for Hollins reinforced for many the sense of community that Hollins

embodies. In her speech at the picnic, Hollins President Maggie O'Brien quoted former English professor Louis Rubin, who described Hollins as "a community in the true sense of the word." Farrar said, "Hollins is a college that believes in itself." Collins said that the Campus Campaign has been a "wonderful indication of the level of support for the future of the institution," and said she had enjoyed working on the campaign. Grubbs also expressed this sentiment, saying that "working on this campaign has made me realize again how Hollins is a community, a family. It has been touching to talk to people and see how much they care about Hollins."

The feeling of family and community was echoed during the picnic when President O'Brien presented Mailing and Duplicating employee Alisa Isbel with a campus leadership award for her hard work and dedication to Hollins. Isbel, whose family has worked for Hollins for over a century, has worked at Hollins for 45 years. The campus leadership award was also presented to Bill White, Professor of Art and Chair of the Division of Fine Arts at Hollins. White, who has been at Hollins since 1971, received his Bachelor of Fine Arts from the Philadelphia College of Art and his Master of Fine Arts from Temple University's Tyler School of Art. Both recipients, who were the firsts to receive this newly created award, were visibly moved by the presentation. They also each received a \$1000 cash award, amid the applause of their colleagues and friends.

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Privileges of youth, courtesy of Hollins



Melissa Midgett

Have you ever seen that old Kevin Costner movie called *Fandango*? It's about a group of new college grads who set off on an adventure before going their separate ways. At one point, they make a toast. It goes like this:

To us, by God!
To us, and that,
And to the privileges of youth!
To what we were,
And what we'll be,
And what we'll be.

The *privileges of youth*; those of us at Hollins, Seniors or not, have a special list of these — things we have enjoyed here that few others can claim. This

is my list:

- 1) A single-sex education.
- 2) Foxfield in the Spring.
- 3) Starting fresh every four months
- 4) Live Drive.
- 5) Syllabi to schedule your life by — knowing what's ahead.
- 6) No mortgage.
- 7) Maintenance men and free moving vans.
- 8) The Honor Code.
- 9) Ten kinds of cereal and three kinds of milk.
- 10) Charging home.
- 11) A theatre, a library, and a sauna all within walking distance.
- 12) People you know and trust running your government.
- 13) If your boyfriend is being a jerk, Chief Wills will ban him from campus.
- 14) Botetourt Hall.
- 15) Calling switchboard for someone's number.
- 16) Our very own mill stones and classical archways.
- 17) Spending seven days a week just *learning*.
- 18) Knowing Security has locked your doors at night.
- 19) Brushing your teeth next to strangers and

not feeling weird about it.

- 20) Beale Garden.
- 21) Jan Fuller-Carruthers' voice filling the chapel.
- 22) Having a Coke machine three steps from your door.
- 23) Acquaintances, in large amounts. The people you pass each day in Pleasants, the people who always seem to be in the bookstore the same time as you, your fencing partner in gym class.
- 24) The people you "work for," your professors, work for you, too.
- 25) Taking yourself very seriously, or not seriously at all.

That short phrase, *privileges of youth*, has haunted me since Freshman year. Some part of me knew that one day, I would realize just how few rights and how many privileges, I have.

I guess that day has come. These excesses, these extremes, these supreme comforts, the irresponsibility of it all, these freedoms and surprises are at an end. Almost. Well, I hope. Come to think of it, I better check back after exam week.

Donald S. Beyer, Lt. Governor of Virginia visits Hollins

To the editors:
"Leadership, whether it be political or not, is a three step process. You must have the *vision* to aspire to leadership, the *agenda* and road map of your plan, and you have to *sacrifice* to achieve," explained the Lieutenant Governor of Virginia, Donald S. Beyer. "Like John Kennedy said, 'Ask not what your country can do for you, ask what you can do for your country.'"

Don Beyer was a guest speaker at Hollins on April 25

at 1 p.m. in the Ballator Gallery. With a befriending nature, Beyer informally talked to the audience about what makes a successful leader, whether in politics or any career.

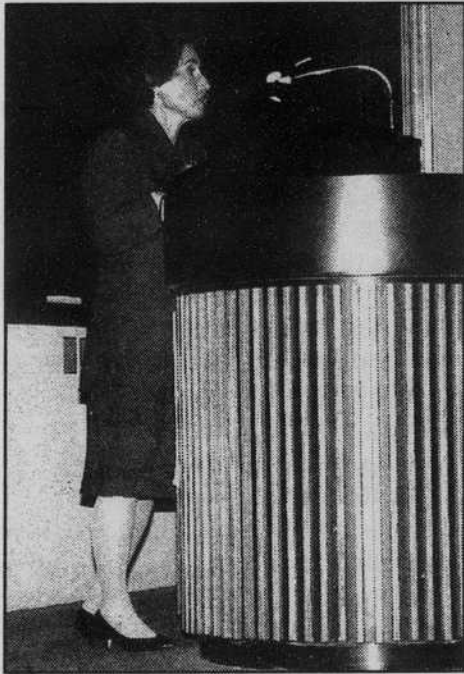
Beyer also said he was a feminist, enthusiastic about women in leadership positions, and he discussed his grandmother who was active in the Senate at eighty years of age.

Beyer was elected to his second term at Lt. Governor of Virginia in November, 1993. He owns Volvo dealerships in

Northern Virginia and serves as President of the Senate of Virginia. Since being elected, Beyer has spearheaded statewide initiatives in economic development, prevention of child sexual assault, welfare reform, and opportunities for Virginians with disabilities. This popular and charismatic politician plans to run for Governor of Virginia in the near future. It was a pleasure to have him visit Hollins.

Tracey Stearns '97

Does Jane Brody represent a healthy way of living?



Jane Brody speaks at Hollins.

by Shaye Strager

During the last four years, Hollins has made great strides in trying to make the campus a healthier one. With the new Wellness Team headed by Jim Grube and Meriwether Gill, the Hollins Take Care Program is introducing the college to a better living environment. They have sponsored events such as the Walk-A-Thon, the Turkey Trot, and Wear to Work Day to encourage faculty, staff, and students to jump into fitness. With the increase of eating disorders on campus and health-related illnesses, exercise and a well balanced diet are topics that are brought up everyday. And what people need to see are healthy successful role models living the lives they so openly encourage.

On April 20th writer Jane Brody came to Hollins to do just that. Whether she accomplished this goal or not, is up for debate.

Placed on the center table of the Health Fair were stacks upon stacks of the published and award winning books written by Jane Brody. Each and every book encouraged a healthy way of living and eating. But Jane Brody's lecture to students on "Leading a Healthy Balanced Lifestyle: Diet Plus Nutrition," had a mixed message.

Yes, she lectured on the importance of a calcium enriched and fortified diet, eating "power greens," and avoiding saturated fat. And like every fitness expert should, she emphasized the harmful effects of smoking. Brody's *New York Times* articles and her books are impressive. From reading them, I would think that there would be no better role model for Hollins to bring to campus to explain to students the real definition of a healthy lifestyle. After her lecture, I had to re-evaluate my thoughts.

Brody instructed that a healthy body could not be reached without a combination of healthy and regular exercise. This information is definitely true. A proper balance is needed. But Brody's daily regime tips the scales. The example that she used in the lecture, an example of her fitness schedule, could scare even the fittest of athletes.

"I believe in making physical activity a part of your daily life. I don't buy into those three day a week exercise plans. It is too easy for people to decide

not to do it. If you plan to exercise seven days a week, and miss one, or even two days, you will still be able to exercise six or five times." And Brody stated that she won't do anything in the morning, such as breakfast meeting or seminars, because that is her time to work out.

Local aerobics instructor Ashley Wiley, has a different opinion. Wiley is the aerobics director at the Roanoke Athletic Club. She states, "An average person, not an athlete, should exercise no more that 3-5 days a week and combine that exercise with a healthy diet. The latest research says that one should mix a cardiovascular exercise done four days a week mixed with one or two days of weight training." But if people are just starting out, three times a week of exercising is plenty. Wiley continued to add, "If you do exercise heavily 7 days a week, your body will not sustain that. You will increase your odds of injury, and you won't give your muscles the time they need to heal and rest."

Brody's personal regime works on variety, "I don't recommend doing the same thing everyday. This morning I biked to the tennis court (1.5 miles) and then played an hour and 20 minutes of singles tennis, and then biked home. If I were home, I would go home and swim

tonight" Later she explained that she has worked up to swimming for 40 minutes. If this exercise is totaled precisely, it could equal 3 hours of exercise. And Brody does not believe in three day a week exercise programs, so I assume that she does this three hour program daily, or six days a week. To me, someone who loves to exercise, this sounds outrageous. After one hour (or more) of exercise your body begins to tire and weaken. Running your body ragged without as least one day of rest during the week will only wear you down.

A member of the Public Affairs staff disagrees with my interpretation. She believe that Brody's message was instructive. "She was saying that exercise should have precision and variety, and that the habit of exercise should be as regular as brushing your teeth." Yes, she did bring these points to light clearly. But using herself as an example of perfect health and fitness, I believe was wrong. Brody's workouts are too much for some athletes to handle. Athletes are a different story though, because of the emphasis (which is often too much) on the time needed for them to practice. But Brody's lecture was for *all* students, faculty, and staff. Athletes or not. The message she sent was extreme.

Former faculty member congratulates seniors

To the Editors:

I wanted to take the opportunity to say hello and wish my very best to the seniors who are graduating! I have read with interest the last few editions of the Hollins Columns. I am pleased at the commitment you have made to make the college a place that meets and exceeds your expectations.

To all of my friends who are still at Hollins and especially to the senior class, I extend my best wishes for a wonderful, exciting graduation and life. I am well and happy in Arizona, and yet I miss the kind of commitment and community you have made at

Hollins. In a place as large as this (45,000 students) it's difficult to find any sense of community. I know none of my undergraduate students, but I do have a class of graduate students with whom I have had the opportunity to work and get to know. My wish for all of you, seniors and underclass folks alike, find your voice while you are at Hollins and then use that voice to impact and affect others. You can and will make a difference in this world—I know because you made a difference in my world.

Belle Edson
Arizona State University

WATCH IT!
Hollins TV News
May 9-May 21
Daily at 6 & 11
p.m. on Channel 3



Professor Sampon-Nicolas brings friend's daughter to work. Photo by Anne Huger.

"A day for our daughters to discover who they are"

by Marissa Jimenez

On April 27 the National Take Our Daughters to Work Day celebrated its third anniversary on the Hollins campus and other work places across the nation. The Career Development Center organized events for the day for thirteen young girls, age 9 to 15.

According to Tina Rolan, Assistant Director of the Career Development Center, the day had one main focus. "The focus of the day was to be career-oriented," Rolan said.

"Girls between the ages of nine and thirteen tend to experience a decrease in self-esteem and a backing away from challenging academics and careers."

These factors make National Take Your Daughters to Work Day a perfect forum for illustrating how important women are in the workplace.

The girls who visited Hollins climbed the new climbing wall, were paired up with Hollins' students for a tour of the campus, and spent the afternoon with their sponsor.

"The day teaches the girls that they can do anything they want," Rolan said. "This day encourages them to discover who they are."

According to the April 28 edition of the *Roanoke Times & World-News*, there is some debate

surrounding National Take Our Daughters to Work Day because some think that boys should be allowed to participate in this type of day also.

Apparently, some businesses agree. The First Union Corporation developed a "Kid's Day" that will be held in August.

"We don't want to target one sex over the other. It is just as important for boys to know what their mother does at work as it is for the daughter," said Peg Wimmer, secretary for First Union's director of Marketing in Roanoke, in the newspaper story.

In response, Rolan cites many statistics that show women can truly benefit from the day's experience. For example, a woman only earns \$.73 for every dollar a man makes in the same position.

54% percent of women in America graduate from college, but only 7% of women hold senior managerial positions. The most startling statistic is that the highest rate of poverty is among families that are headed by single women.

For next year, Rolan plans to continue the same format as this year, but hopes for more volunteers from the student body.

Rolan believes that it is proper for Hollins to support Take Our Daughters to Work Day. "Hollins would be very remiss if we didn't celebrate it. It represents the college's mission," Rolan said.

Mixed feelings about housing sign-ups

by Sara T. Tweedy

From April 18-20 Hollins students signed up for housing for the 1995-96 school year. Some students left sign-ups disgruntled because they did not get the room choice they hoped for.

Still others were pleased. Laura Tuggle '97 is living in the Global Village, formerly known as Carvin. "I'll be living in one of those doubles with someone of a different culture, and I am excited about it," she stated. "Hopefully, Carvin will be a place where American and international students will learn from one another."

She responded, to the controversy about the Global Village segregating international students, saying that the dormitory will be "a true multi-cultural house and will foster acceptance of all cultures."

Larissa Sutherland '96 believes that students who have underclasswoman roommates should be allowed to sign up when their lottery number is called. She said that one of her friends got a bad housing assignment just because she had an underclasswoman as a roommate.

"She had to pick what was left after the rest of her class had already been through, yet she had a really low lottery number." Sutherland concluded, "I just don't think that is fair."

Some students find that by rooming with someone in a higher class, they have the advantage at sign-ups. Others believe that rooming with a lower classwoman should not affect status in the picking order. There are two sides to this dilemma, and there seems to be a diversity of opinions.

Anne Turner Johnson '98, is living in a triple in Sandusky with Amanda '98, her twin, and Ashley Ihrig '97. Ihrig is a rising junior and was able to secure the room for her sophomore roommates. Anne Johnson is glad she could sign on with a junior and boost her status. "I had the worst lottery number in the world. If it weren't for Ashley, I'd be living in

a little hole in the ground outside or in Tinker in the 'Virgin Vault.'"

She commented about her feelings regarding her signing before her class, despite her low lottery number. "I really don't see anything wrong with it. I guess I feel bad for juniors who are living in bad places, but sophomores always get bad housing."

As for summer housing, students who are working on campus are living in close proximity with one another in Randolph dormitory. Some student workers are upset with the idea of having to live in a dormitory, make low wages, and be expected to provide their own food.

Lillian Potter '97 stated, "I think that the situation is pretty unfortunate. It seems to me that Hollins students should take priority over other groups for college housing in the summer. I think it's unrealistic for 36 women to live in a dorm without dining hall service, sharing one kitchen."

Student workers provide the college with much needed labor at a low cost. If students, according to Potter, are expected to live in Randolph without dining hall services, the college is being unreasonable. Potter pointed out that the kitchen in Randolph is "approximately 10 feet long and four feet wide, has one refrigerator, one sink, and one stove."

The practicality of 36 women sharing this one kitchen space is "not feasible." Also students cannot be expected to be able to afford to eat out everyday with the low wages they make working on campus.

The students who are upset about summer housing have sent a letter to President O'Brien requesting that if they are to live in Randolph, they be provided food service. If food service is not provided, they request an apartment or either the French house or Sandusky, where 10 to 11 people share one kitchen.

Students who are disgruntled with their living arrangements for next year can fill out a room request change by May 5th.

L.E.O. Banquet honors student leaders

by Caitrin McAlexander

On April 27, 1995, L.E.O. took the day to recognize campus-leaders by inviting everyone to a Leadership Dinner. Then they hosted an Appreciation Banquet geared specifically to honor the students directly involved in leadership on campus. Throughout the year, L.E.O. has recognized unthanked leaders by naming Leaders of the Week. Three or four students are chosen by the L.E.O. members, and their names are announced during Thursday lunches along with the activities in which they are involved.

L.E.O. President Cristine Yelverton said that they planned the day a little differently this year. "We wanted it to be an all-inclusive day and yet still be a very special one for those leaders on campus whom we were going to recognize at the banquet."

Director of Admissions

Stuart Trinkle was the keynote speaker at the banquet, and she gave tips on leadership in the business world. "Most of these things are common sense, but it's important to remember them when you are part of a team." Her tips were very helpful and as Heidi Wiherle, Sophomore and newly inducted L.E.O. member said, "[Her tips] were ones that also applied to being part of a club or committee here on campus."

The peer educators on campus were also recognized, as each group told of their events and gave thanks for the support and incredible dedication from the members. Tom Layer, HOP Coordinator, was honored for his three years of devotion to HOP and to the campus. Layer said, "The students have been the best part of my job. I have come to love Hollins and have found that this campus is filled with great leaders." Layer felt that for HOP to continue as a strong

organization on campus, it would require a full-time person in the coordinator position. "This position requires 100% from a person in order to make HOP a continuing success. The students deserve it and are demanding it."

Along with inducting 19 new members and 11 honorary members, L.E.O. gave out 4 awards. The Cornelson-Halsey award, given to faculty/staff nominated students who are involved in activities and have a G.P.A. of at least a 3.0 went to 21 students. The Quality of Life Award, given to a club or organization on campus that positively contributes to our quality of life--leadership, spirit, creativity, and a commitment to excellence. This went to the *Hollins Columns*. Laurie Webb '95 was the recipient of the Founder's Award, which is given to the leader who demonstrates the following characteristics: selflessness, support for others

and a sense of team spirit, belief in people, insight, motivation, generosity, and a willingness to go beyond the call of duty.

Finally, the Golden Webb Award was presented to Lillian Potter '97. She was chosen as the most effective in offering or creating educational programs to unite diverse groups through the common thread of human dignity and for weaving leadership initiative, respect, civility, and appreciation into the fabric of campus community.

Erin Elliott, Vice President of L.E.O., concluded the banquet by saying, "I ask you to stop the chaos [of the end of the year] for a second and pat yourselves on the back. During the year, you've revamped a newspaper, changed the SGA constitution, done an environmental conference, and led in so many diverse ways. The leaders in this room have shown their spirit and drive with enthusiasm and dedication."

Professor Nye jazzes up Honors Convocation

by Deirdre Sheehan

On Tuesday, April 25, Hollins held its annual Honors Convocation in the Jessie duPont Chapel. This event is held each year to celebrate the achievements of Hollins students who have excelled academically during 1994 and spring of 1995.

An introduction was made by President Maggie O'Brien. O'Brien stressed the importance of a liberal arts education, making the statement, "We take great pride in all of your accomplishments."

The high point of the convocation came when William Nye, elected speaker by the class of '95, played his saxophone. Nye is a professor of sociology in his 20th year at Hollins.

He has written several articles on subjects ranging from race relations to music, and he

plays in a jazz band that he formed. Nye began his remarks by congratulating the women on their accomplishments and joked that he secretly takes some of the credit.

He went on to speak about Edward Kennedy Ellington, better known as Duke Ellington. He spoke of Ellington as living a life worth emulating and said that Ellington received little recognition during his lifetime for his music.

Nye then brought out his saxophone and played a beautiful rendition of Ellington's "Come Sunday," which brought forth applause from the audience.

Convocation was followed by the presentation of the awards given by Vice President for Academic Affairs Roger Bowen.

The evening was then brought to a close in the Green Drawing Room, where refreshments were served and student work was displayed.

How much are Hollins women willing to pay for appearance?

by Shaye Strager

On February 17, 1995, the day after Founder's Day, Ann Compton met with a group of communications majors to discuss issues relating to Hollins. The group talked about the communications department, classes, professors, but spent most of their time talking about the students. Ann Compton was concerned about the health of Hollins women, particularly eating disorders.

Unlike family backgrounds, financial standings, or physical traits, weight is one thing people with eating disorders think they can control. At a college where the majority of people on campus are women, it is easy for women to compare themselves to others. Students start and continue fashion trends and are influenced by them more than they realize.

Researching this topic in several fashion magazines, I found a lot of unbelievable information. In the March *Elle*, there are two very important articles pertaining to dangers of plastic surgery. They are bolded on the front cover in the small print between the 'E' and the 'L' in the title. In much larger print below are topics such as: "Passion or Obsession? Love in the Danger Zone," "The Power Suit Returns," and "The Best of Spring '95."

Typical of fashion magazines, *Elle* was plagued by the power of advertisements. The first 10 pages were filled with flawless faces from Cover girl, Lancôme, Estée Lauder, and Clinique. The messages being sent: if you don't have the natural beauty, try one of our products to help... or if you have the beauty, let us enhance it. They advertise with the world's most beautiful models. Looks aren't

see *Appearance*, page 10

Sloppy joes and a cheese sandwiches with Larissa Sutherland, Nell Carr, Sondra Freckelton and Jack Beal

by Larissa Sutherland and Nell Carr

It's twelve o'clock on a Thursday, and we've just sat down to a lunch of sloppy Joes and a cheese sandwich with Jack, Sondra, and their friendly dog Scooter. We've come to discuss political correctness, magic, how Jack is a marshmallow, how Sondra hates plastic, and, on yeah, art.

Beal and Freckelton return to Hollins after two years, for their second time as artists-in-residence. We have a chat, and this is what they have to say.

Jack: First of all we're American artists, and American artists have to be eclectic, because we have the whole history of art to build upon. You have to be a chameleon. Aside from everything else, we love art.

Sondra: Well, we've learned from everything. As far as my changing from being a sculptor to a painter, it wasn't really a planned thing. It was at a time when my tools were in use, and I couldn't use them to make sculpture. I started painting as a creative thing to do, because you have to keep on.

Larissa: So it wasn't just a decision to switch media?

Sondra: No, I found that I could create a whole environment just on a small page, rather than as my sculpture was doing, getting larger and larger. But I'm interested in the same aesthetics. I'm interested in form and space, and I'm also interested in light. My last sculptures were plexi with skins over them.

Jack: I don't want to come on too much like a Pygmalion, but Sondra spends about half her time in the garden. She loves gardening, so I kept encouraging her to make art about gardening.

Sondra: Yeah, more pieces of my life came together, definitely. I felt a little schizophrenic. The sculpture and my life were, well, so different. What I did was so strong and masculine and everything, and then I would go to the other end. I would go to openings all frilly.

Nell: ...and wear a dress.

Sondra: Yeah, it was like acting out two sides. They didn't come together with what my life was about very much, because the sculpture kept getting more and more abstract. It started out abstracting from organic forms. I got interested in light hitting the Plexiglas, but the materials and the ideas were having a little bit of a conflict.

Jack: Not only that, but the materials were poisonous.

Sondra: Yeah, that was another thing, I hated plastic and that was my material.

Jack: I mean, she wanted to get more light and air into the work and in order to do that, she had to work with things that were poisonous. So in her watercolors, she gets light and air with magic on a white surface.

Sondra: I'd like to say one more thing that has to do with both Jack's and my work. We were both abstract artists when we started out, but because I was interested in form in the third dimension, when I went to painting, I couldn't paint abstractly. You cannot... you have to throw away space and form, as people have done in order to make abstract art, and those are the things I'm interested in.

Nell: Were you both making transitions in your artistic styles at the same time?

Jack: No, I converted before she did and—

Sondra: —his paintings were getting more vaporous with very little form as they got more and more abstract. He wanted to get more form.

Jack: More natural form and natural color. I felt my paintings weren't relating to anything. Form and color wasn't the form and color of the real world. It was like something I was making up, and I'm just humble enough to think that I'm not as good as God or Mother Nature or whoever it is who's sort of running the show out here. And I came to the realization that nothing is as beautiful, interesting, exciting, thrilling, creative as Life... When I made my conversion, I made it because I wanted more from my art. That's what I want chiseled on my gravestone, M-O-R-E. I just found out that's Oliver Twist's motto, too. So, if I'm gonna have a role model, I'll take ol' Oliver, even if he is just a fictional character. No...but the other answer to that question is, I'm still an abstract artist.

Sondra: So am I.

Jack: And so is Sondra. We make strong abstract substructure under the paintings and make a realist painting in and around that. The modern/abstractionists of today have driven abstraction to the poverty level. I'm on record as having said, "If you went to a color field painter's house for dinner, and he made dinner the same way he made paintings, that you would be served for dinner, the odor of one green pea." It ain't enough.

Sondra: So, as you women know because you are in both of our classes, what we teach you is almost totally abstract. Abstract thinking and abstract elements to enhance your, in the end, realism.

Nell: What do you think of Virtual Reality?

Jack: I haven't tried it yet, but I think I'd like to.

Sondra: Now, I have one worry about that, and it's that I think TV has made visual illiterates out of a lot of people. I'm afraid that we might get social illiteracy if people get too involved with it.

Nell: That could have

of rag. I mean, that's the highest technology that painting has yet achieved, and nobody—nothing has been created that is as good as that.

Sondra: But the other part that's missing is something you can't put your finger on...A computer is good for the scut work, but for the thinking and the creative part, nothing beats the human brain.



Jack Beal and Sondra Freckelton in their Hollins home. Photo by Erin Elliott.

something to do with the boredom for the old art. It doesn't talk; it doesn't move....

Jack: Yep! I've not seen anything in computer art that's as good as what human beings can do with the most primitive materials.

Sondra: No, because it's so much by rote and leaves out the magic.

Jack: Taking hairs off a pig and attaching them to a stick of wood, then taking some earth that is mixed with oil, and mixing that together, and smearing that around on a piece

you lower your standards enough, perfection is attainable. Sondra said, "Hell, if you lower your standards enough, perfection is inevitable!"

Larissa: All of this kind of ties into one of the other things we have been talking about—the art scene now—what it's like and how it's changed....

Jack: Well, the major change that has occurred is the collapse of the art market. More than half the galleries in New York City have gone out of business in the last four or five years. It was sort of brought on by the sudden elevation to stardom of some artists who really didn't have the original qualities or staying power to be the art stars they had suddenly become.

Sondra: What they could do was produce fast, and what the spectators did was buy low and sell high. It got to be like Wall Street, and it had nothing to do with art that caused the crash.

Jack: As a result, collectors lost faith in the art market altogether. Suddenly, because of a number of factors in society, the notion of quality became an elitist term, and, therefore, negative. In this time of political-correctness...

Sondra: You can't be an artist and be politically correct. It's not possible, because then you're making democratic paintings and you have no opinion.

Jack: If you're striving for quality, you're automatically an elitist. Sondra and I are, by God, elitists because we believe in quality.

Sondra: We're certainly opinionated!

Jack: Not me. Now maybe you are, but I'm not. I'm just an ol' marshmallow.

Sondra: In order to make

art and do it well, you have to have something to say.

Jack: The other thing that happened in the art world was suddenly, invention and novelty became more important than quality in any case. So if it didn't look new, it wasn't worth looking at. Old meant bad. I mean, this was phenomenal.

Sondra: What has happened is that the Avant Garde has become the Establishment. Now that's an oxymoron...who is the Avant Garde now? Might be us....

Jack: I don't want to be Avant Garde.

Sondra: No, but I'm saying the word has flipped. It's simplistic thinking, which Jack and I are against anyway.

Jack: By God, I believe in winning (hits table) and in order to win, you've got to put forth maximum effort. If I fail, I fail because I wasn't good enough, and that's my only alibi.

Sondra, forever, has not wanted to compete as a woman; she's wanted to compete as an artist. Well, the criteria for great art is the same as it's always been, and that is Greatness and Quality. It doesn't matter what your gender is or your race is.

Nell: So, how did you get into teaching and has it always been important to you?

Jack: No, because I wasn't as good at it. Sondra was better.

Sondra: We always felt that we should do that, teach some.

Jack: Sondra and I are teaching great classical standards which really go against everything the art world now believes in. So, we may be doing you incalculable harm!

Sondra: It's the only way you can teach. Only if you have this really sound background can you fly. You can't just start off making abstract, non-objective things because it'll never be any good. You don't know

where it comes from or why you're doing it. The things is, what you end up doing is putting limitations on yourself to do something. You end up throwing a lot of what you know away. But, if you start out knowing very little, there's nowhere to go.

Larissa: I only have one more question relating to our generation and what we're heading into. We don't have a great sense of what it's all about because most of what we know comes from pop culture, and there's no emphasis on real, true art and what's going on now....

Nell: I think we're actually speaking for ourselves right here, because we don't want to do anything else.

Jack: At this point in the history of the art world, I wouldn't encourage anyone to become a professional artist.

Sondra: Jack's really right. Right now is a very bad time to tell people to go out into the art world, but it was when Jack and I graduated, too. But we couldn't do anything else. We spent a lot of time doing odd jobs, trying to support our habit....

Larissa: Keep something to fall back on, huh? So you could eat dinner, too?

Jack: Oh yeah!

Sondra: You're going to have to have a way of supporting yourself.

Nell: Learn to type.

Learn to sew. Learn to build bookcases.

Jack: I think art schools oughta teach plumbing and carpentry.

Larissa: Any final notes?

Sondra: You can always ask us in class.

Nell: Well, thanks for the cheese sandwich.

Larissa: Yeah, tasty sloppy Joe.

Beverly Sills: confident, gracious, and energetic

by Heather Lucas

On Wednesday, April 26, Beverly Sills spoke with students and faculty about the importance of the arts in education. Ms. Sills is recognized as one of the greatest sopranos of the twentieth century as well as one of the country's greatest humanitarians.

She has sung in leading opera houses all over the world, and her career includes more than seventy operatic roles. Ms. Sills has been singing for over thirty years, and she began her legendary career early in life. She started singing at age five and went straight into the opera instead of going to college, and Ms. Sills has not lost her child-like playfulness.

President Maggie O'Brien attended the speech and said of Sills, "At age sixty-six she is still full of energy and spontaneity." This spontaneity is a big part of Ms. Sills' conviction that "art is the signature

of civilization."

She said, "The difference between a two legged animal and a four legged animal is that we don't only have to feed our stomach, but we have to feed our souls." She believes that technology is dehumanizing us. In fact, Sills never listens to CD's. She says she doesn't like recordings.

She believes that going to a live performance and having the opportunity to watch a singer take risks, seeing how the singer recovers if he or she falters, and how an audience responds to new work is very important. For this reason, Ms. Sills never gets nervous and never has stage-fright, because, for her, a performance is about taking risks.

President O'Brien, when asked what she thought students could gain from Ms. Sills' speech responded: "Be bold, be creative and not hindered by the obligations you imagine for yourself, and you can't make accomplishments if you

don't take risks."

Her speech had an impact on President O'Brien in two different ways. The first was Sills' presence alone. President O'Brien said she was "confident, very gracious, and alive." She added that Ms. Sills "understands the importance of the moment and does not see herself as a great woman. She sees herself as Beverly Sills, as an o.k. tennis player, and as a good mom." O'Brien also thought Ms. Sills was "very modest and had no concept of self-importance."

Ms. Sills talked about the importance of art and the need to "allow ourselves to express ourselves creatively." Her accomplishments extend beyond her musical talents.

After her retirement from the opera she was named General Director of the New York City Opera in 1980 and in 1989-1990 she served as president of the New York City Opera Board.

Ms. Sills has participated in

many humanitarian efforts, which include being National Chairman of the March of Dimes Foundation, of which her efforts have helped to raise over \$80,000 for the organization.

On Wednesday, April 26, Ms. Sills not only spoke here at Hollins, but later in the evening she was the keynote speaker at the National Conference of Christians and Jews (NCCJ's) 30th Annual Roanoke Chapter Humanitarian Awards Dinner.

The NCCJ, founded in 1927, recognizes community leaders every year whose service to others promotes the goals of the organization. A goal of the NCCJ is to promote understanding among all race, religions, and cultures through advocacy, conflict resolution, and education.

The dinner was held at the Hotel Roanoke. President O'Brien was the chairperson of the event, which she saw as a way of "bringing Hollins into the community."

Seniors make their final mark on Hollins

by Lila Lee O'Leary

Now that the end of the semester is near, many of us cannot wait to get out of here. But many of the Seniors are certainly reluctant and sad to depart from Hollins.

At Hollins, Seniors have grown into women. It has been through professors, friends, and the all-around Hollins experience that they have developed the hopes and dreams that will guide their future.

But as much as Hollins has left its mark on them, they have done the same for Hollins. Jen Allen '95 and Khrysti Coffman '95 are two examples and exceptional ones at that. They are hard-working and vivacious women that characterize the Seniors of 1995.

Jen Allen was one of the many Seniors who performed a Senior project this semester. For this, she held a singing recital on April 17th. A gifted soprano, Allen entertained her audience with an ensemble of pieces, ranging from classic Baroque to more contemporary ones. Her audience was captivated and Allen said, rather modestly, that she was just glad it was over.

Allen's musical career did not begin at Hollins. In fact, she began singing competitively in high school. Among her accomplishments, Allen was a member of the Texas All-State



Khrysti Coffman performs her senior project. Photo by Christie Nielsen.

choir.

At Hollins, she has been a member of the HollinSingers, the Hollins Chapel Choir, and the recipient of the McCullough Scholarship award. She has also been involved with several other organizations on campus, such as the Spanish Club.

Allen plans on taking some time off after graduation. She will return to Texas and try to get involved in her community. In fact, that is one of Allen's hopes for her future. "I'd like to be an arts advocate and bring it into the community," she said. Although she is not sure what her long term goals are, she definitely wants to continue singing.

When looking back over her Hollins experience, Allen says, "It is the strength and love that my

professors and friends have given me that will endure." She hopes that "we all cherish what we've really got here at Hollins, and that no one takes it for granted."

Khrysti Coffman also presented her senior project this semester on April 26 and 27th. Coffman's senior project was unique for Hollins as she performed what she referred to as a "Rakugo."

This is a form of Japanese comic monologue, like a comic storyteller, that has interested her for years. Her first real interact in the Japanese culture originated in her home state of Hawaii. Over the years she has had the opportunity to travel rather extensively, and even visit Japan.

Last semester Coffman was abroad in Japan, in a town called Kobe. More commonly known to

most of us as the site of the January earthquake, Coffman will always remember her visit. She enjoyed the culture and the people very much, but perhaps the most intriguing for her was the Japanese history.

She spent much of her time exploring structures and artifacts from the centuries-old Japanese culture.

Her experience in Japan certainly played a major role in her presentation. The title of her piece was "Manju Kowai." It was a monologue she performed in English and then in Japanese.

The audience was very impressed with her performance. Nancy Chandler '95 said she was very impressed by Coffman's achievement. She had to memorize the piece in both English and Japanese.

After graduation, Coffman will relocate to Florida and try out for a community theater's production of "Jesus Christ Superstar." Long term, she would like to be a member of an artistic team in a community theater or run an improvisational group.

"I've learned a lot from friends, gaining them and losing them. Friends are what keep you going, keep you sane, when you are and aren't in class. But classes aren't there when you need to talk, good friends are what make it all possible."

Lollapalooza finally picks 1995 line-up

by Kat Horton

According to the *Webster's New World Dictionary*, Lollapalooza means "something very striking or excellent." Lollapalooza, as many know, also represents the largest-grossing concert series in history. However, this musical cloud has a thick, black lining.

Lollapalooza organizers spent many boardroom hours toiling over who would play, while some acts protested and boycotted the event because of conflicts with other considered acts. Although the organizers have finally settled on a line-up and the acts have all accepted, this year's Lollapalooza has taken longer than any other to organize.

The past four line-ups were out by the beginning of April but

by that time this year organizers and acts were still fighting like kids in a sandbox. The first conflict series took place when a game of "he-said, she-said" arose. According to many reports Courtney Love of Hole complained about having to play on a bill with Cypress Hill and Snoop Doggy Dog, because of the lyrical association with misogyny.

Perry Farrell, of Porno for Pyros, ex-Jane's Addiction frontman, and co-founder of the festival, was then quoted as saying that as far as he was concerned Love and Hole were both out. However, quick to the rescue came Hole's publicist, Jim Merlis, who dismissed the comments as rumor, while adding that the band was seriously considering the offer to play.

Lollapalooza tensions also came from other corners. Doug

Goldstein, manager of the Stone Roses, claimed that the band was dropped from consideration when they chose to sign with the International Talent Agency for booking instead of the rival William Morris Agency.

In the April 6 issue of *Rolling Stone*, Lollapalooza organizers were quick to dispel the rumors by saying that "...Lollapalooza is a pretty diplomatic and agenda-free environment. It has to be. There are so many people bashing heads that everybody ends up calling each other out on their hidden agenda."

A lot of new ideas are on the drawing board for festival activities including an on-site art gallery and a film theater. If all goes according to plan financially, organizers hope to offer an after-show rave featuring ambient-and techno-music acts.

Instead of the large publicity campaign of years past, organizers

have decided to promote Lollapalooza through the Internet, America On-Line, and a World Wide Web site ([Http://Lollapalooza.com](http://Lollapalooza.com)).

"The whole thing is what's good, what's going on," said Farrell during an America On-Line conversation, while defending the festival's integrity. "If something's good--like peace--don't turn around to someone and say, 'I was into peace before you were into peace.'"

And on that fairly odd, yet positive note the 1995 Lollapalooza line-up:

Sonic Youth
Hole
Cypress Hill
Pavement
Sinead O'Connor
Beck
Jesus Lizard
Mighty Mighty Bosstones

Traditions of May Day

by Pauline Newton

Hollins students have often welcomed-in May with colorful streamers, maypole dances, and songs. In 1916, the College celebrated the "tercentenary of Shakespeare's birth....15 organizations from Roanoke and Salem participated in the festival...everyone dressed in Elizabethan costumes, with Miss Matty Cocke reigning as Queen Elizabeth," as explained in *The Historical Sketch of Hollins College* by Dorothy Vickery.

This festival was the last that the College held "before the United States entered into the first World War," according to Vickery. In 1927, six May Queens returned to Hollins for the Spring Pilgrimage, an event not unlike this year's Campus Campaign. The faculty helped run this event, and hundreds of alumnae gathered to reminisce about days at Hollins.

Events such as these often tie in with the May Day theme, but the actual day remained popular for over a century (until 1970). In 1902, the members of Freya acted "To revive moribund May Day festivities...[The Fairies of Freya were] often masked...and the symbol of the Freya bird was prominently displayed over the queen's throne," according to

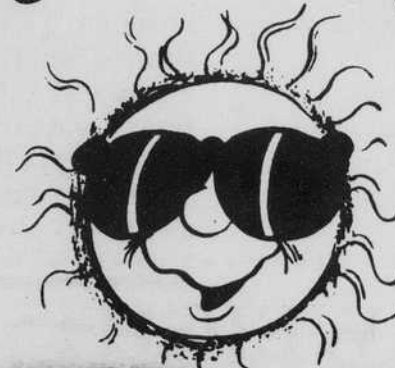
Frances Niederer, the writer of *Hollins College: An Illustrated History*. In addition, the Hollins College song was first sung in 1909 by Almah Stuart McConihay. Phoebe Hunter, who wrote the words, was crowned as queen on that May Day.

The members of Freya also introduced a "Nixie-Pixie May Day" for the faculty's children. As explained in *The History*, "the wheelbarrow replaced the children's pony cart." The College selected a few May Day queens by which one wore the most ridiculous hat. In the 1950s, the faculty committees, rather than Freya, sponsored May Day. The sponsors added "a riding show and an informal cotillion" to the festivities, as Niederer explained.

In 1970, May Day disappeared from the campus until last year, when Elizabeth Price '94 and Elizabeth Saab '97 revived it. They included the traditional daisy chain and the court.

This year, the students wanted to make May Day more of a festival. May Day, now known as MayFest, will be held on the ninth, rather than the first. Stephanie McLaughlin '95, who is coordinating the event, has hired two bands in order to make the day more of a campus-wide celebration.

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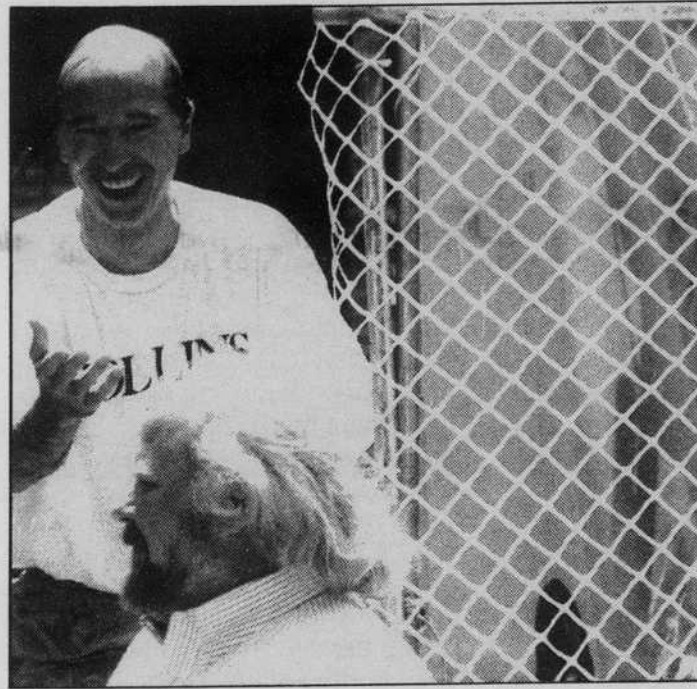
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Sportsfest '95: a day of dunking, Frisbee, and waterslides

by Pauline Newton

On Friday, April 28, the Athletic Association brought out their water guns and softballs, the HOP instructors opened the Climbing Wall, and students and faculty members competed against one another during Hollins' first Sportsfest. President Maggie O'Brien officially declared Sportsfest '95 six weeks ago, when the sponsors of the Campus Campaign wanted to coordinate an event to conclude the fundraising term. As the big day neared, Meredith Hill '96, a member of the Athletic Association, stated, "I hope that everyone will take advantage of this event, especially the seniors."

The Association, namely chair Sarah Kirby '95, and chair-elect Kat Horton '97, planned this event for several weeks. Kirby came up with the idea in the beginning of the year and started brainstorming for activities in February. After the picnic lunch of eastern barbecue, beans, corn, and strawberry shortcakes and the Campaign announcements, Sportsfest began.



The highlight of the day, according to Horton, was the dunking booth. She said, "People kept coming out to the booth, and I thought that was good." Participants included Tom Layer, the HOP coordinator, Heather Frederick, Vice President Roger Bowen, and President O'Brien. Sophomore Lillian Potter dunked Bowen and exclaimed, "On the first try, I put Roger in! And SPLASH!" Joe Leedom, one of the History professors, also hit the

target. Layer soaked Robie McFarland, the Dean of Students who was also a target. Layer also threatened to throw water balloons. Kristin Blaylock '96 tried to catch one of them, but it popped and soaked her clothes.

The Community School came out to watch a few rounds. The Association gave them chunks of colored chalk, and the little ones drew fish, flowers, and even a big shark. Hollins students decided that they wanted to decorate the

Roger Bowen descends from the dunking booth with Joe Leedom in the foreground during Sportsfest. Photo by Erin Elliott.

entire sidewalk after the children tired of it. Amanda Sleeper '97 and Laura Maskousky '97 drew a huge smiley face and a banner that said, "We love you, Hollins College." Other students played their guitars on the quad and laughed at the fun games.

Peter Fosl, a philosophy professor, Karen D'Lauro '97, Carol Branigan '97, and Kristin Stoneburner '97 were a few of the many people who scaled the climbing wall. Branigan and Stoneburner stated, "It was a great test," although they admitted that they did not make it to the top. Fosl, however, did. He said, "Scary. But you'll do fine just as long as you don't look down." Melissa Pesses '98 and Layer, the two Wall instructors, patiently helped the climbers by guiding their ropes.

Sportsfest concluded with the waterslide. By 4:30, most students were exhausted, so the children took over the slide. They also decided to bombard Mr. Leedom with water balloons. The Athletic Association's dedication and team-work, in combination with the sun, water-fights, and games, made Hollins' first Sportsfest a terrific success.

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Appearance

continued from page 5

everything is not the message. "It is hard because the people who need help the most don't come," said Rogers about the many programs SHAB does on healthy eating, "[These people] are in denial."

Unfortunately, there is no way to get obsessive eaters and dieters to get help unless they want it, and it all starts with self-esteem. Friends who are concerned and students who suffer from eating disorders can both get help through Health Services. Erin Sullivan, a visiting counselor from St. Albans Hospital, specializes in eating disorders and sees related cases every Tuesday here at Hollins. Anyone with any questions or concerns can reach her through the Counseling Services.

As much as the media and advertising business contribute to this thin-illness, women themselves are going to have to be the ones to stop this disease. Only

after these women are ready for help and support, will this obsession end. As a community full of beautiful people, we should take the advice of some of the doctors, parents, friends, and writers who agree that true beauty is inside us, and not just underneath the stylish clothes we wear each day.

The positive role models are there. We can find them in our everyday lives and even in leadership positions here at Hollins. Our own President and her family support a positive and healthy way to bring physical fitness and well being into their lives.

A balance can be reached for a healthy diet, a proper amount of exercise, and a higher self-esteem. A line can be drawn, but sometimes a steady hand needs to help. Instead of looking at our thighs and waist lines each day to measure our self-worth, we need to start looking at our blessings and our smiles.

Banquet held to support positive effort made by athletes

by Kat Horton

On May 2nd, the Hollins Athletes, coaches, and support community came to attend the Hollins Athletic Banquet. The event, co-sponsored by the Student Athletic Association and the Hollins Athletic Department, celebrated the many positive efforts made by the Hollins Athletes. Beginning the evening were Sarah Kirby, Athletic Association Chair, who welcomed all in attendance to the banquet, followed by Kat Horton, Athletic Association Chair-Elect, who delivered the evening's Invocation.

Hollins Seniors, who have participated in athletics for four



Heather Hazlett adjusts the microphone as Coach Ware discusses the fencing team. Photo by Christie Nielsen.

years, were recognized with a gift from the Athletic Department. Those seniors were: Heather Brown, riding; Vicky Byrd, riding;

Betsy Dodenhoff, field hockey, swimming, lacrosse; Jill Grant, riding, tennis; Heather Hazlett, fencing; Courtney Johnson, riding;

Sarah Kirby, basketball; Cam Knight, tennis; Nicole Methena, soccer, tennis, basketball; Christa Parka, riding; Leslie Silberman, riding; Tierney Stowe, soccer; Shaye Strager, volleyball, basketball; Shannon Terry, riding; Ashley Wainwright, volleyball; Margie Wasson, field hockey and lacrosse.

Lynda Calkins presented this year's Sportswoman of the Year award. The award, which began in 1989, is chosen by a vote of the coaches. This year's winner was Kat Horton. During the 1994-95 swimming season, Horton achieved several honors including: All-ODAC, Atlantic States Swimmer of the Year, Grove City High Point, All-American and National Champion in the 100 and 200 yard butterfly.

Tennis Team wraps up season and thanks fans

by Sara T. Tweedy

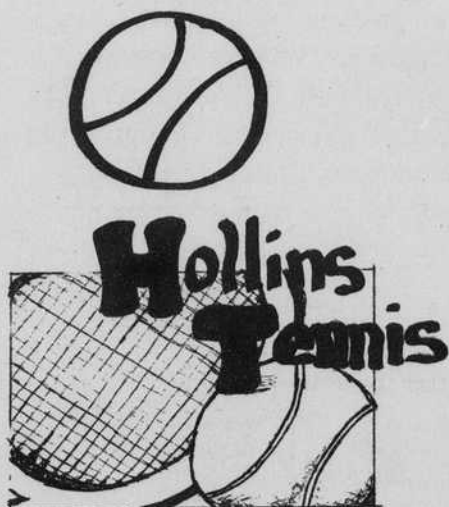
The tennis team ended their season placing seventh overall in the ODAC Tournament. Accumulating 16.5 points overall, the women ended on a fairly good note. Julie Westhafer '96 placed fourth overall in the four position. Mindy Adams '96 played the three position and got to the finals in the consolation round. Kendall Ostrom '97 also made a strong showing at the tournament.

Ashley Ronald '97, the number one seed, was out for most of the season, yet she was pleased with the year. "The team was really good, but illness and injuries plagued us this year," stated Ronald. The team was committed to excellence, Ronald pointed out. Cam Knight took extra lessons outside of practice to improve her game. This type of individual dedication is reflective of the team as a whole.

Ronald commented that

watching from the sidelines for most of the season was "hard." Her foot injury prevented her from playing, but she was very supportive of the team's efforts and contributions.

The tennis team is eager to thank the fans who came out and supported them. "This year there seemed to be 100 times more people out there," Ronald stated. All athletic teams need support and encouragement, and Hollins students really gave that to the tennis team.



Graphic by Tricia Shalibo.

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There's no getting around getting on with it

My parents have a few favorite stories they tell that involve my sister and me. Unfortunately though, one of their favorites involves humor based on my stupidity. The story goes: in 10th grade, the night before my chemistry exam, they heard a series of screams and stomping coming from my room upstairs. They open the door to find me lying on the floor in tears, with papers spread everywhere.

"Is something wrong?" my father asked. I responded hysterically, "How do they expect us to learn twenty-four chapters in ONE NIGHT!" and threw my face into the rug. They stared blankly at me and closed the door. "Would she ever learn?" they asked themselves.

Learn? Never. How to manage? Yes. Perfect example #1: I've been trying to write this last article due yesterday, and I keep zoning out BIG TIME. I have spent the last two days doing everything but what needs to be done so I do not find myself in a crunch. I've read the newspaper, I went for a walk, organized my photo albums, washed my hair, and shaved my legs (a sure sign of procrastination). And here it is, the last chance to write my last article for the final issue of my career at Hollins. But the fact is, I've never been good at conclusions; even more specifically,



Kristen Duncan Williams

transition. I'll do anything to avoid it.

I hold my mother partially responsible for giving me the big "T" word complex; responsible for making me cringe at goodbyes or endings. "Kristen, you've never been good at transition," she broke to me one day. "I haven't?" This was not exactly the character flaw I'd hope she'd bring to my attention. Nor was it the type of complex I wished to get stuck in my head. Couldn't she emphasize my faultiness on one of the more tolerable subjects? Let's say, driving? Returning phone

calls? No, I must suffer from the biggest ailment of life.

I'm telling you, I live in anxiety about it. I swear. I am marked on college papers with red ink for "bad transitional paragraphs" or "You would have received an A- if you were better at transitions." This is a serious problem. It follows me everywhere. My family thinks I'm melodramatic about the very complex they created for me. My grandmother even talks in low whispers around her friends the way one might talk about the loony in the family, "Well, you know she's bad with transition." They nod in unison. "Ohh.... We see," they say.

It was not until recently, though, did I develop my own comforting philosophy by which to live. It has caused me to really develop a new outlook on life. The phrase (after which I named my column as well) is simply: On To the Next. This, by no means, refers to life as something to rush through. It simply means, something will be following or there is more to come. Who knows why these words make me feel better. The point is, twenty-four chapters ain't coming together in one night. Goodbyes will not get easier. We've got to do what we can while we can, and then we're movin' on.

MAY FEST

MAY 9

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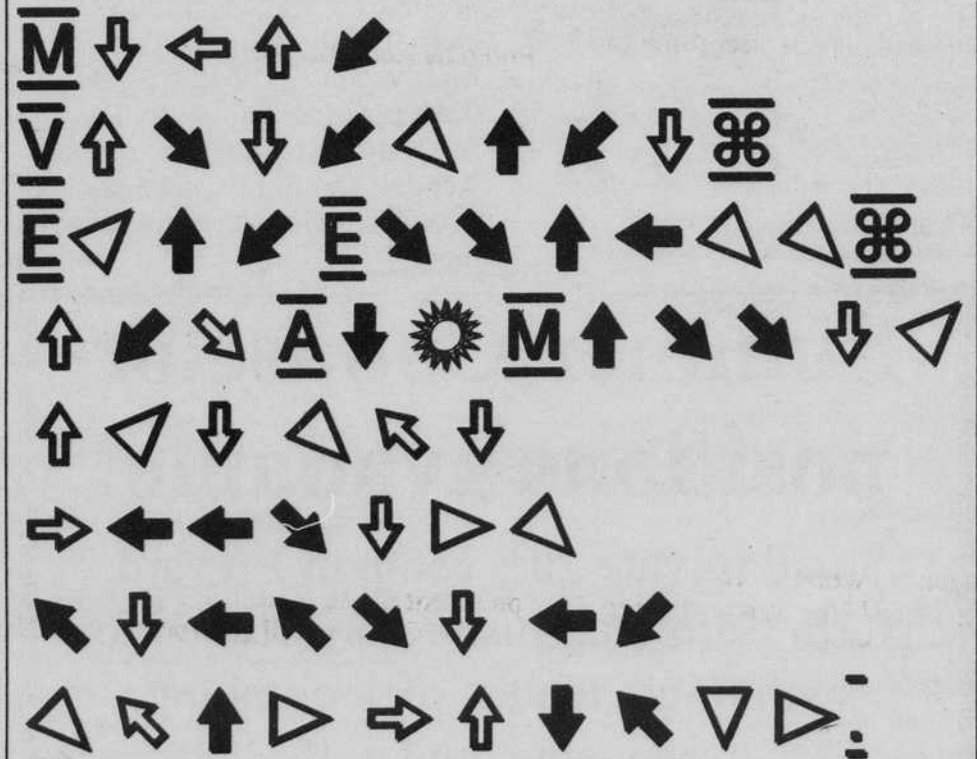
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